



OUR DEMON-HAUNTED WORLD

ROBERT BRUCE
skeptiko.com

1
00:00:11,000 --> 00:00:08,810
on this episode of skeptic Oh one of the

2
00:00:14,600 --> 00:00:11,010
world's leading experts on out-of-body

3
00:00:17,210 --> 00:00:14,610
experience Robert Bruce recently

4
00:00:19,040 --> 00:00:17,220
journalist Matt Bagley Oh published a

5
00:00:21,769 --> 00:00:19,050
book called the right the making of a

6
00:00:23,769 --> 00:00:21,779
modern Exorcist and what he found was

7
00:00:26,210 --> 00:00:23,779
really that despite the modern

8
00:00:28,339 --> 00:00:26,220
perception that they're just bringing

9
00:00:30,290 --> 00:00:28,349
people in to convert him to Christianity

10
00:00:30,890 --> 00:00:30,300
or converting to Catholicism it wasn't

11
00:00:32,900 --> 00:00:30,900
the case

12
00:00:35,350 --> 00:00:32,910
they have licensed therapists there they

13
00:00:38,660 --> 00:00:35,360

say 95% of these people are not

14
00:00:41,510 --> 00:00:38,670
demon-possessed but five percent of them

15
00:00:43,850 --> 00:00:41,520
are they have very specific criteria

16
00:00:46,310 --> 00:00:43,860
that they use they have unbelievable

17
00:00:48,290 --> 00:00:46,320
stories that this journalist has

18
00:00:52,130 --> 00:00:48,300
gathered and that these exorcists can

19
00:00:54,860 --> 00:00:52,140
attest to so this is a phenomena that is

20
00:00:57,529 --> 00:00:54,870
much more prevalent than I think most of

21
00:00:59,599 --> 00:00:57,539
us are willing to acknowledge or even

22
00:01:02,959 --> 00:00:59,609
look into I think most people just won't

23
00:01:04,910 --> 00:01:02,969
even examine the evidence for it hit the

24
00:01:06,109 --> 00:01:04,920
nail on the head that people don't want

25
00:01:08,450 --> 00:01:06,119
it to be true

26

00:01:11,330 --> 00:01:08,460

they don't want to know they avoid the

27

00:01:14,660 --> 00:01:11,340

information now to be a true scientist

28

00:01:16,850 --> 00:01:14,670

you need to be an open-minded skeptic

29

00:01:18,410 --> 00:01:16,860

you're open-minded but you're skeptical

30

00:01:21,440 --> 00:01:18,420

and you look at the evidence and you

31

00:01:23,690 --> 00:01:21,450

examine these phenomena or whatever it

32

00:01:26,630 --> 00:01:23,700

is until you start to understand it now

33

00:01:29,690 --> 00:01:26,640

I have that same approach and I approach

34

00:01:30,859 --> 00:01:29,700

this and not just with my own experience

35

00:01:33,020 --> 00:01:30,869

made it real to me

36

00:01:35,749 --> 00:01:33,030

you need their ounce of experience I

37

00:01:38,060 --> 00:01:35,759

mean anybody who doubts this and they

38

00:01:39,560 --> 00:01:38,070

should doubt it until they see it for

39

00:01:41,870 --> 00:01:39,570

themselves or experience it for

40

00:01:45,620 --> 00:01:41,880

themselves having a bit but when what

41

00:01:49,190 --> 00:01:45,630

you confront one demon or an evil spirit

42

00:01:50,410 --> 00:01:49,200

even a poltergeist a real one and you

43

00:02:04,780 --> 00:01:50,420

become a believer

44

00:02:08,749 --> 00:02:07,100

welcome to skeptical where we explore

45

00:02:11,120 --> 00:02:08,759

controversial science with leading

46

00:02:13,370 --> 00:02:11,130

researchers thinkers and their critics

47

00:02:15,559 --> 00:02:13,380

I'm your host Alex Karras and on this

48

00:02:17,690 --> 00:02:15,569

episode of skeptic oh I actually have a

49

00:02:19,960 --> 00:02:17,700

couple of really great interviews for

50

00:02:22,610 --> 00:02:19,970

you the first is with out-of-body

51
00:02:25,339 --> 00:02:22,620
experience expert who you just heard

52
00:02:28,100 --> 00:02:25,349
Robert Bruce fascinating hour-long

53
00:02:30,710 --> 00:02:28,110
dialogue I had with him is coming up in

54
00:02:34,070 --> 00:02:30,720
just a minute and the second is an

55
00:02:37,220 --> 00:02:34,080
interview that Andy Paquette did with

56
00:02:38,780 --> 00:02:37,230
Graham Nichols so two folks who you may

57
00:02:40,940 --> 00:02:38,790
be familiar with if you listen to this

58
00:02:44,180 --> 00:02:40,950
show before who also have this

59
00:02:47,270 --> 00:02:44,190
connection with out-of-body experience

60
00:02:49,220 --> 00:02:47,280
Andy in the form of dreaming and lucid

61
00:02:50,990 --> 00:02:49,230
dreaming and paranormal dreaming and

62
00:02:54,979 --> 00:02:51,000
Graham of course with his own

63
00:02:56,809 --> 00:02:54,989

out-of-body experience work so Andy has

64

00:02:59,600 --> 00:02:56,819

done this interview and it's really more

65

00:03:01,940 --> 00:02:59,610

of just a dialogue a sharing of thoughts

66

00:03:05,570 --> 00:03:01,950

between two people who have had this

67

00:03:08,720 --> 00:03:05,580

experience of being aware of things

68

00:03:11,479 --> 00:03:08,730

outside of this normal consciousness so

69

00:03:13,430 --> 00:03:11,489

it's really quite an interesting back

70

00:03:15,349 --> 00:03:13,440

and forth they talk about a lot of

71

00:03:17,360 --> 00:03:15,359

different aspects of their experience

72

00:03:19,340 --> 00:03:17,370

with it it's the kind of stuff that

73

00:03:21,319 --> 00:03:19,350

you're really not gonna find many other

74

00:03:23,509 --> 00:03:21,329

places but of course you're gonna find

75

00:03:25,430 --> 00:03:23,519

it here on skeptic oh and that's why I

76
00:03:28,520 --> 00:03:25,440
wanted to bring that to you that's going

77
00:03:31,340 --> 00:03:28,530
to be a link at the bottom of the show

78
00:03:34,039 --> 00:03:31,350
notes of this interview I don't have a

79
00:03:37,190 --> 00:03:34,049
transcript for it but it's it's quite a

80
00:03:38,840 --> 00:03:37,200
long interview that Andy did with Graham

81
00:03:40,490 --> 00:03:38,850
it's been hour and 20 minutes and that's

82
00:03:42,410 --> 00:03:40,500
there and I really encourage you to

83
00:03:45,289 --> 00:03:42,420
listen to that and we'll start a

84
00:03:48,110 --> 00:03:45,299
separate thread on the forum to discuss

85
00:03:50,780 --> 00:03:48,120
that so please check that out but in the

86
00:03:52,759 --> 00:03:50,790
meantime I want to bring you this

87
00:03:55,879 --> 00:03:52,769
interview that I had fascinating

88
00:03:58,699 --> 00:03:55,889

discussion with out-of-body experience

89

00:04:00,229 --> 00:03:58,709

expert Robert Bruce let me get right to

90

00:04:01,490 --> 00:04:00,239

that and then I have a couple of

91

00:04:04,729 --> 00:04:01,500

thoughts at the end

92

00:04:07,849 --> 00:04:04,739

here's that dialogue today we welcome

93

00:04:11,660 --> 00:04:07,859

world renowned out-of-body experience

94

00:04:13,729 --> 00:04:11,670

expert Robert Bruce - skeptic Oh Robert

95

00:04:16,069 --> 00:04:13,739

is the author of several best-selling

96

00:04:18,649 --> 00:04:16,079

books including the one he's

97

00:04:21,619 --> 00:04:18,659

probably best known for astral dynamics

98

00:04:24,200 --> 00:04:21,629

which is also the domain name where

99

00:04:25,459 --> 00:04:24,210

you'll find his excellent website astral

100

00:04:28,129 --> 00:04:25,469

dynamics calm

101
00:04:30,740 --> 00:04:28,139
he holds seminars around the world on

102
00:04:33,200 --> 00:04:30,750
out-of-body travel and spirituality and

103
00:04:35,149 --> 00:04:33,210
other related topics it's a pleasure to

104
00:04:40,999 --> 00:04:35,159
have you on Robert thanks for joining me

105
00:04:43,760 --> 00:04:41,009
on skeptic oh yes yes

106
00:04:47,059 --> 00:04:43,770
Robert you're known as an expert on

107
00:04:49,939 --> 00:04:47,069
primarily out-of-body experience what

108
00:04:51,920 --> 00:04:49,949
some people call astral projection you

109
00:04:54,980 --> 00:04:51,930
also have quite a bit to say about

110
00:04:55,550 --> 00:04:54,990
spirituality in general I read your

111
00:04:57,830 --> 00:04:55,560
first book

112
00:04:59,839 --> 00:04:57,840
astral dynamics I didn't quite make it

113
00:05:03,409 --> 00:04:59,849

all the way through it's a pretty big

114

00:05:04,999 --> 00:05:03,419

fat book but I was very impressed it's

115

00:05:07,339 --> 00:05:05,009

very practical

116

00:05:10,129 --> 00:05:07,349

a lot of step-by-step kind of

117

00:05:11,959 --> 00:05:10,139

instruction down-to-earth but but meaty

118

00:05:13,939 --> 00:05:11,969

not like it's light or anything like

119

00:05:16,369 --> 00:05:13,949

that packed with a lot of information

120

00:05:18,320 --> 00:05:16,379

tell folks a little bit about how you

121

00:05:20,420 --> 00:05:18,330

got started with all this I think it's

122

00:05:22,219 --> 00:05:20,430

quite an interesting story and it come

123

00:05:24,290 --> 00:05:22,229

as an Internet story as well isn't it

124

00:05:27,499 --> 00:05:24,300

didn't you really become kind of a forum

125

00:05:29,209 --> 00:05:27,509

internet sensation if you will or within

126

00:05:32,920 --> 00:05:29,219

a small community and then it kind of

127

00:05:37,899 --> 00:05:32,930

expanded out of there yeah

128

00:05:40,839 --> 00:05:37,909

like many people similar to myself

129

00:05:44,180 --> 00:05:40,849

everything I've written about including

130

00:05:47,869 --> 00:05:44,190

astronaut Alex and practical psychic

131

00:05:51,320 --> 00:05:47,879

self-defense energy work all those books

132

00:05:54,499 --> 00:05:51,330

are the things in them are things that I

133

00:05:58,219 --> 00:05:54,509

do myself have developed for myself

134

00:06:00,709 --> 00:05:58,229

over the years and the book suggests my

135

00:06:05,269 --> 00:06:00,719

way of just sharing with the world

136

00:06:08,480 --> 00:06:05,279

sharing what I do and yeah I got started

137

00:06:11,920 --> 00:06:08,490

when I was about three or four years of

138

00:06:15,290 --> 00:06:11,930

age but not when I started having

139

00:06:17,570 --> 00:06:15,300

out-of-body experiences and I used to

140

00:06:22,640 --> 00:06:17,580

float out of my body and float through

141

00:06:25,699 --> 00:06:22,650

the house and going outside and learning

142

00:06:28,430 --> 00:06:25,709

how to fly and working it out myself it

143

00:06:32,600 --> 00:06:28,440

seemed very natural even as a very

144

00:06:36,470 --> 00:06:32,610

and I progressed from there over the

145

00:06:39,290 --> 00:06:36,480

years and till I started taking it more

146

00:06:41,240 --> 00:06:39,300

seriously about the age of 20 when I

147

00:06:43,460 --> 00:06:41,250

started sitting down and actually

148

00:06:48,530 --> 00:06:43,470

thinking about what I was doing and

149

00:06:51,380 --> 00:06:48,540

trying to do it more deliberately and

150

00:06:54,850 --> 00:06:51,390

yeah I've just I've just gone from there

151
00:06:57,710 --> 00:06:54,860
and eventually many many years later I

152
00:07:00,410 --> 00:06:57,720
discovered the internet became friends

153
00:07:02,690 --> 00:07:00,420
with a lot of people and eventually I

154
00:07:05,560 --> 00:07:02,700
somehow accidentally became an author

155
00:07:08,120 --> 00:07:05,570
and an authority and there's people

156
00:07:09,920 --> 00:07:08,130
right that's how I that's how I heard

157
00:07:11,720 --> 00:07:09,930
the story you you you were just trying

158
00:07:14,000 --> 00:07:11,730
to help people online and posting a lot

159
00:07:15,410 --> 00:07:14,010
of stuff and eventually kept posting

160
00:07:20,320 --> 00:07:15,420
more and more stuff and people were like

161
00:07:26,390 --> 00:07:23,180
originally started out as in fact in a

162
00:07:29,390 --> 00:07:26,400
frequently asked questions when I

163
00:07:32,320 --> 00:07:29,400

discovered the Internet in the early to

164

00:07:36,050 --> 00:07:32,330

mid 90s I started hanging around

165

00:07:39,980 --> 00:07:36,060

out-of-body experience type gross and in

166

00:07:43,130 --> 00:07:39,990

those days it was on syntax based see :

167

00:07:45,830 --> 00:07:43,140

flash better back slash top left-hand

168

00:07:47,260 --> 00:07:45,840

corner and they had things they had nice

169

00:07:50,390 --> 00:07:47,270

graphics like

170

00:07:52,850 --> 00:07:50,400

out-of-body and lucid dreaming of

171

00:07:55,190 --> 00:07:52,860

various other things they're like forums

172

00:07:59,570 --> 00:07:55,200

are today but it's that was thought

173

00:08:01,850 --> 00:07:59,580

syntax based and I see people people

174

00:08:04,730 --> 00:08:01,860

kept asking me the same questions over

175

00:08:07,640 --> 00:08:04,740

and over again and so I got tired of

176

00:08:11,120 --> 00:08:07,650

writing the same replies and so I worked

177

00:08:13,640 --> 00:08:11,130

up in a canned answers for them I'm the

178

00:08:17,060 --> 00:08:13,650

most common things and eventually I put

179

00:08:20,360 --> 00:08:17,070

them together into collections and over

180

00:08:22,100 --> 00:08:20,370

the years and evolved and evolved and

181

00:08:25,460 --> 00:08:22,110

evolved until I mentioned the I wrote

182

00:08:30,110 --> 00:08:25,470

asked for dynamics which is now in its

183

00:08:32,060 --> 00:08:30,120

second edition which is much much better

184

00:08:35,089 --> 00:08:32,070

because I mean I was teaching myself how

185

00:08:37,730 --> 00:08:35,099

to write while I wrote my first edition

186

00:08:40,660 --> 00:08:37,740

astral dynamics which is pretty good but

187

00:08:43,060 --> 00:08:40,670

I tightened it up a lot

188

00:08:48,250 --> 00:08:43,070

added a lot new cup new content in the

189

00:08:50,820 --> 00:08:48,260

second edition which we released in 1990

190

00:08:54,700 --> 00:08:50,830

fans online for 10 year anniversary

191

00:08:57,010 --> 00:08:54,710

edition excellent so Robert you seem

192

00:08:58,780 --> 00:08:57,020

very skilled at what you do you're an

193

00:09:00,670 --> 00:08:58,790

excellent teacher good communicator and

194

00:09:03,160 --> 00:09:00,680

you're very generous with the

195

00:09:06,490 --> 00:09:03,170

information you give away if I remember

196

00:09:09,820 --> 00:09:06,500

this correctly you actually even give

197

00:09:11,950 --> 00:09:09,830

away the version one of or the original

198

00:09:13,720 --> 00:09:11,960

version of Astral dynamics in PDF form

199

00:09:16,740 --> 00:09:13,730

is that still available for a download

200

00:09:19,480 --> 00:09:16,750

I won't giving it away for some time

201

00:09:23,200 --> 00:09:19,490

because the first edition went out of

202

00:09:26,650 --> 00:09:23,210

print and won the second edition is now

203

00:09:28,990 --> 00:09:26,660

available I handed up I ended up as a

204

00:09:31,870 --> 00:09:29,000

freight down light for a while but I

205

00:09:33,100 --> 00:09:31,880

took it offline and my publishers in

206

00:09:35,170 --> 00:09:33,110

question sure sure

207

00:09:36,790 --> 00:09:35,180

well you give away a lot of stuff a lot

208

00:09:38,860 --> 00:09:36,800

of e-books and other material for free

209

00:09:40,570 --> 00:09:38,870

but I gotta say I had asked this

210

00:09:42,790 --> 00:09:40,580

question and I don't want to kind of

211

00:09:45,670 --> 00:09:42,800

poke at you here but if somebody visits

212

00:09:48,880 --> 00:09:45,680

astrodynamics dot-com expecting a lot of

213

00:09:50,620 --> 00:09:48,890

soft fluffy new-age soft sale they're

214

00:09:52,870 --> 00:09:50,630

gonna be kind of surprised because I

215

00:09:55,930 --> 00:09:52,880

mean you've definitely developed this

216

00:09:58,240 --> 00:09:55,940

internet oriented direct selling style

217

00:10:01,480 --> 00:09:58,250

of marketing in your material and you

218

00:10:04,240 --> 00:10:01,490

don't shy away from provocative titles

219

00:10:06,130 --> 00:10:04,250

like the truth about vampire demons and

220

00:10:08,380 --> 00:10:06,140

how to protect yourself from the evil

221

00:10:11,620 --> 00:10:08,390

attacks no matter how strong they are

222

00:10:13,960 --> 00:10:11,630

and this one I like to urgent video

223

00:10:18,040 --> 00:10:13,970

message I'm about to do something I

224

00:10:20,440 --> 00:10:18,050

swore I'd never do now look I want to

225

00:10:22,120 --> 00:10:20,450

know about vampire demons and how to

226

00:10:24,160 --> 00:10:22,130

protect yourself I really do I mean I

227

00:10:27,370 --> 00:10:24,170

think that's a fascinating topic to talk

228

00:10:29,770 --> 00:10:27,380

about but in order to get past that tell

229

00:10:31,300 --> 00:10:29,780

us a little bit about this marketing

230

00:10:34,180 --> 00:10:31,310

style I'm sure that's a little

231

00:10:38,010 --> 00:10:34,190

off-putting for some people I have a

232

00:10:42,130 --> 00:10:38,020

marketing manager of my partner-in-crime

233

00:10:45,100 --> 00:10:42,140

Timothy he lives in Pennsylvania is an

234

00:10:48,490 --> 00:10:45,110

awesome guy and his lifelong passion is

235

00:10:52,150 --> 00:10:48,500

internet marketing and we collaborate on

236

00:10:54,430 --> 00:10:52,160

a newsletter and his I wouldn't say

237

00:10:56,860 --> 00:10:54,440

responsible but guilty of the

238

00:10:59,620 --> 00:10:56,870

titles because he's a marketing expert

239

00:11:02,560 --> 00:10:59,630

and they're designed to attract

240

00:11:05,140 --> 00:11:02,570

attention because most people are asleep

241

00:11:05,920 --> 00:11:05,150

and it's difficult to get people's

242

00:11:10,150 --> 00:11:05,930

attention

243

00:11:13,210 --> 00:11:10,160

sure fair enough so let's jump right in

244

00:11:16,000 --> 00:11:13,220

to that title because I have to say if

245

00:11:18,850 --> 00:11:16,010

one gets past that provocative title

246

00:11:20,830 --> 00:11:18,860

again you have some good information I

247

00:11:22,540 --> 00:11:20,840

mean it's really out there on the edge

248

00:11:25,540 --> 00:11:22,550

for someone who's coming at this from

249

00:11:28,690 --> 00:11:25,550

kind of a mainstream standpoint if

250

00:11:31,750 --> 00:11:28,700

you're but if you jump into the reality

251
00:11:34,690 --> 00:11:31,760
of Autobody experience and I say reality

252
00:11:37,420 --> 00:11:34,700
it is pretty firmly established at this

253
00:11:40,030 --> 00:11:37,430
point I mean historically this has been

254
00:11:42,160 --> 00:11:40,040
reported for a long long time across

255
00:11:44,740 --> 00:11:42,170
cultures I mean people have said they've

256
00:11:46,540 --> 00:11:44,750
had this ability I don't know why we

257
00:11:48,100 --> 00:11:46,550
would be so doubtful of it and then I

258
00:11:50,770 --> 00:11:48,110
don't know why it would be we'd be

259
00:11:52,840 --> 00:11:50,780
especially doubtful of your claims so

260
00:11:54,910 --> 00:11:52,850
we're here to listen and to learn and

261
00:11:57,460 --> 00:11:54,920
then to assess whether or not we think

262
00:11:59,920 --> 00:11:57,470
it's true what about that what is the

263
00:12:01,990 --> 00:11:59,930

truth about vampire demons and how to

264

00:12:04,270 --> 00:12:02,000

protect yourself I know it's a topic

265

00:12:07,260 --> 00:12:04,280

you've spent a good deal of time

266

00:12:10,120 --> 00:12:07,270

covering okay in my book

267

00:12:13,210 --> 00:12:10,130

the practical psychic self-defense

268

00:12:18,490 --> 00:12:13,220

handbook which is a very practical guide

269

00:12:21,370 --> 00:12:18,500

to psychic self defense and even defense

270

00:12:25,780 --> 00:12:21,380

against vampire demons that you want to

271

00:12:29,310 --> 00:12:25,790

call them there are in in the book I

272

00:12:32,170 --> 00:12:29,320

generally call them necks for negative

273

00:12:36,130 --> 00:12:32,180

entities negative spirits that have an

274

00:12:38,500 --> 00:12:36,140

adverse reaction I downplay the name a

275

00:12:42,040 --> 00:12:38,510

little bit because when you start using

276

00:12:44,710 --> 00:12:42,050

terms like demon and evil spirit it

277

00:12:47,140 --> 00:12:44,720

tends to upset people because

278

00:12:50,110 --> 00:12:47,150

particularly New Age type people because

279

00:12:54,070 --> 00:12:50,120

it goes against the grain but I mean I

280

00:12:58,600 --> 00:12:54,080

wrote that book the information in that

281

00:13:01,980 --> 00:12:58,610

book I should say came from my own quest

282

00:13:07,560 --> 00:13:01,990

for survival because I came under

283

00:13:11,430 --> 00:13:07,570

horrendous attacks myself in my

284

00:13:14,820 --> 00:13:11,440

thirty's and including full demonic

285

00:13:18,420 --> 00:13:14,830

attack and full possession

286

00:13:23,150 --> 00:13:18,430

I was demonically possessed for several

287

00:13:27,300 --> 00:13:23,160

weeks and I am the only person I know of

288

00:13:30,030 --> 00:13:27,310

ever who released themselves completely

289

00:13:32,580 --> 00:13:30,040

under their own steam I mean nobody

290

00:13:36,270 --> 00:13:32,590

would help me everybody considered that

291

00:13:37,800 --> 00:13:36,280

you know if you have a genuine problem

292

00:13:40,920 --> 00:13:37,810

like that you obviously have a

293

00:13:43,800 --> 00:13:40,930

psychological disorder and that didn't

294

00:13:46,430 --> 00:13:43,810

realize that it was real but when when

295

00:13:50,340 --> 00:13:46,440

the teachers and healers I went to

296

00:13:52,230 --> 00:13:50,350

realized it was genuine they did I

297

00:13:53,430 --> 00:13:52,240

stopped returning my calls they asked me

298

00:13:55,920 --> 00:13:53,440

to leave they didn't want me there

299

00:13:57,870 --> 00:13:55,930

because they don't have anything in

300

00:14:01,140 --> 00:13:57,880

their arsenal even in their belief

301
00:14:03,900 --> 00:14:01,150
system to accommodate that so you end up

302
00:14:05,690 --> 00:14:03,910
being ostracized or anybody who could

303
00:14:08,270 --> 00:14:05,700
possibly understand the way help you

304
00:14:10,830 --> 00:14:08,280
explain to folks how you came about

305
00:14:12,930 --> 00:14:10,840
being possessed and we're just gonna

306
00:14:14,520 --> 00:14:12,940
kind of accept that for a second and

307
00:14:15,900 --> 00:14:14,530
then let's deconstruct it a little bit

308
00:14:16,530 --> 00:14:15,910
with some more questions but how did

309
00:14:19,050 --> 00:14:16,540
that happen

310
00:14:21,690 --> 00:14:19,060
well I was giving healing I worked as a

311
00:14:24,840 --> 00:14:21,700
healer for many years and I was giving

312
00:14:27,960 --> 00:14:24,850
healing to a five year old boy that had

313
00:14:31,110 --> 00:14:27,970

a serious possession problem there at

314

00:14:34,170 --> 00:14:31,120

the time even though I saw that and I

315

00:14:38,610 --> 00:14:34,180

saw all the phenomena and this kid's

316

00:14:40,470 --> 00:14:38,620

life was in turmoil around him and even

317

00:14:42,810 --> 00:14:40,480

though I saw that I never really

318

00:14:46,910 --> 00:14:42,820

connected to it because like most people

319

00:14:49,830 --> 00:14:46,920

in the New Age spiritual type movement

320

00:14:53,100 --> 00:14:49,840

they're worthy of cause of that or not I

321

00:14:55,530 --> 00:14:53,110

had never experienced it myself I you

322

00:14:58,920 --> 00:14:55,540

know worked as a healer I had lots of he

323

00:15:01,890 --> 00:14:58,930

people come to me regularly and who had

324

00:15:03,960 --> 00:15:01,900

that type of problem but I had very

325

00:15:06,360 --> 00:15:03,970

little by wire frame of reference to it

326

00:15:09,420 --> 00:15:06,370

to connect to that until it happened to

327

00:15:11,450 --> 00:15:09,430

me and what happened was and looking

328

00:15:14,040 --> 00:15:11,460

back on it now I can see it was a

329

00:15:17,040 --> 00:15:14,050

brilliant learning experience that

330

00:15:19,040 --> 00:15:17,050

completely changed my reality and you

331

00:15:22,400 --> 00:15:19,050

could say took me firmly

332

00:15:24,259 --> 00:15:22,410

to the greater reality it's like being a

333

00:15:26,540 --> 00:15:24,269

child and your father throwing you in

334

00:15:28,699 --> 00:15:26,550

the deep end and the swimming pool as

335

00:15:30,320 --> 00:15:28,709

your first swimming lesson inside you

336

00:15:35,000 --> 00:15:30,330

think we address it's when were you

337

00:15:38,569 --> 00:15:35,010

drown it was like that and I've been

338

00:15:42,019 --> 00:15:38,579

giving healing to this child for some

339

00:15:47,060 --> 00:15:42,029

time and many many sessions and one

340

00:15:49,490 --> 00:15:47,070

session and I in frustration I made a

341

00:15:54,500 --> 00:15:49,500

terrible mistake which I don't recommend

342

00:15:58,100 --> 00:15:54,510

and I said to the child well to the

343

00:16:01,360 --> 00:15:58,110

entity that was inside demonizing the

344

00:16:05,750 --> 00:16:01,370

child I said take me and leave the child

345

00:16:08,240 --> 00:16:05,760

after the deal and it did instantly it

346

00:16:11,930 --> 00:16:08,250

was like being hit in the mouth with a

347

00:16:14,660 --> 00:16:11,940

boxer now where it hit me and literally

348

00:16:16,550 --> 00:16:14,670

hit me in the mouth I was paralyzed I

349

00:16:18,530 --> 00:16:16,560

felt like a blow in the mouth

350

00:16:21,860 --> 00:16:18,540

particularly the lower lip on the right

351
00:16:24,769 --> 00:16:21,870
and a swelling came up and I was

352
00:16:27,920 --> 00:16:24,779
paralyzed in my chair for several

353
00:16:29,930 --> 00:16:27,930
minutes and I could only say like even

354
00:16:32,900 --> 00:16:29,940
like being tortured it was like my body

355
00:16:36,769 --> 00:16:32,910
was in a mechanical device being crushed

356
00:16:39,470 --> 00:16:36,779
now after that I collapsed on the floor

357
00:16:42,949 --> 00:16:39,480
and clean myself up and I felt okay and

358
00:16:45,410 --> 00:16:42,959
that swelling in my lip was still there

359
00:16:48,500 --> 00:16:45,420
like I'd actually been punched well I

360
00:16:51,230 --> 00:16:48,510
had a fat lemon now I will next few days

361
00:16:54,500 --> 00:16:51,240
that quickly hardened into a brittle II

362
00:17:00,380 --> 00:16:54,510
love about the size of a shelled peanut

363
00:17:02,840 --> 00:17:00,390

in my lip and the the long story short I

364

00:17:05,329 --> 00:17:02,850

am it takes me about an hour to tell

365

00:17:10,490 --> 00:17:05,339

this story properly to do a justice I

366

00:17:14,809 --> 00:17:10,500

was because nobody could help me I the

367

00:17:17,929 --> 00:17:14,819

only option I had was either to go and

368

00:17:19,819 --> 00:17:17,939

get myself medicated locked up because I

369

00:17:20,569 --> 00:17:19,829

was about to become something like an

370

00:17:23,600 --> 00:17:20,579

axe murderer

371

00:17:26,630 --> 00:17:23,610

I was progressively losing control of my

372

00:17:28,069 --> 00:17:26,640

body I mean my hand would lash out pick

373

00:17:31,740 --> 00:17:28,079

something up and throw it against the

374

00:17:34,950 --> 00:17:31,750

wall my foot would lash out and kick my

375

00:17:37,169 --> 00:17:34,960

the labrador blue boy things like that

376

00:17:40,950 --> 00:17:37,179

were happening until they got incredibly

377

00:17:43,529 --> 00:17:40,960

serious and I actually had some couple

378

00:17:46,289 --> 00:17:43,539

of complete lawsuits and control where I

379

00:17:48,779 --> 00:17:46,299

was pushed half out of my body fully

380

00:17:51,450 --> 00:17:48,789

aware of what's happening but powerless

381

00:17:53,940 --> 00:17:51,460

it's like freewheeling you know it was

382

00:17:56,250 --> 00:17:53,950

like it's like floating in the water on

383

00:17:58,049 --> 00:17:56,260

trying to walk you know your body in the

384

00:18:01,590 --> 00:17:58,059

legs move but you're done you don't walk

385

00:18:02,960 --> 00:18:01,600

you don't move there's no traction it

386

00:18:06,720 --> 00:18:02,970

picked up my baby

387

00:18:08,789 --> 00:18:06,730

both son James who was about nine months

388

00:18:11,070 --> 00:18:08,799

old at the time and marched me to the

389

00:18:12,419 --> 00:18:11,080

edge of a roof story car park I was

390

00:18:14,549 --> 00:18:12,429

about ten floors up

391

00:18:17,070 --> 00:18:14,559

and was going to throw the baby off the

392

00:18:20,520 --> 00:18:17,080

roof then I managed to break out of that

393

00:18:23,039 --> 00:18:20,530

just before I got to the edge then I

394

00:18:25,560 --> 00:18:23,049

didn't trust myself anymore I moved to

395

00:18:28,500 --> 00:18:25,570

my mother's old place and stayed there

396

00:18:31,560 --> 00:18:28,510

on my own and I had no choice but I had

397

00:18:34,529 --> 00:18:31,570

to connect with the greater reality my

398

00:18:36,180 --> 00:18:34,539

higher self right now I had no I had no

399

00:18:39,600 --> 00:18:36,190

time to wait I had to do it right now

400

00:18:41,640 --> 00:18:39,610

right on that day and so I started

401
00:18:43,830 --> 00:18:41,650
trying to work with impressions I was

402
00:18:47,909 --> 00:18:43,840
getting and I've got this crazy

403
00:18:50,490 --> 00:18:47,919
impression but I promise to follow it no

404
00:18:52,380 --> 00:18:50,500
matter what came into my head I got this

405
00:18:54,930 --> 00:18:52,390
impression to walk out and into the

406
00:18:58,799 --> 00:18:54,940
storm there was a thunderstorm at the

407
00:19:00,720 --> 00:18:58,809
time and I walked off into the storm for

408
00:19:04,080 --> 00:19:00,730
half an hour nearly froze to death and

409
00:19:06,630 --> 00:19:04,090
fell over and I found this scrap of

410
00:19:08,880 --> 00:19:06,640
paper which I thought was like a message

411
00:19:11,789 --> 00:19:08,890
I'm trying to work you know walk walk

412
00:19:15,210 --> 00:19:11,799
here and the message just had a few

413
00:19:16,950 --> 00:19:15,220

words on it and and it guided me to a

414

00:19:20,310 --> 00:19:16,960

place in the wilderness here called

415

00:19:23,909 --> 00:19:20,320

Jared R and which is very very harsh

416

00:19:28,649 --> 00:19:23,919

scrub a bit like the Kalahari and no

417

00:19:31,049 --> 00:19:28,659

ground water and I went out there for a

418

00:19:31,590 --> 00:19:31,059

week not camping just sleeping on the

419

00:19:35,610 --> 00:19:31,600

ground

420

00:19:39,000 --> 00:19:35,620

I had no food I was fasting and I ran

421

00:19:42,140 --> 00:19:39,010

under water on the second diet and that

422

00:19:45,169 --> 00:19:42,150

was crucial I I nearly died

423

00:19:48,380 --> 00:19:45,179

but I had to make a decision to not go

424

00:19:50,210 --> 00:19:48,390

back and get water the few miles walk it

425

00:19:53,390 --> 00:19:50,220

would have been but to stay there and

426

00:19:56,360 --> 00:19:53,400

see it for even if I died and that was

427

00:19:59,419 --> 00:19:56,370

when Sherlock to cut a long story short

428

00:20:03,700 --> 00:19:59,429

there was a lot of phenomena around me a

429

00:20:06,380 --> 00:20:03,710

lot of manifestations and then on the

430

00:20:09,200 --> 00:20:06,390

fourth or fifth day I think it was I

431

00:20:12,380 --> 00:20:09,210

woke up in the morning and I the

432

00:20:15,470 --> 00:20:12,390

possession just lifted it was just on

433

00:20:17,630 --> 00:20:15,480

the on dawn and I was walking down to

434

00:20:20,210 --> 00:20:17,640

this tiny little spring like found to

435

00:20:23,450 --> 00:20:20,220

get some water and as the first rays of

436

00:20:25,909 --> 00:20:23,460

the Sun hit me it this thing completely

437

00:20:29,120 --> 00:20:25,919

left me I felt this huge white come up

438

00:20:32,870 --> 00:20:29,130

me but as it came off of me that thing

439

00:20:35,180 --> 00:20:32,880

in my mouth exploded literally it burst

440

00:20:37,520 --> 00:20:35,190

in my mouth and I'd hundreds of pieces

441

00:20:41,930 --> 00:20:37,530

of like busted gristle and a big hole in

442

00:20:44,539 --> 00:20:41,940

my lip and now years later after

443

00:20:48,130 --> 00:20:44,549

releasing myself like that I put it all

444

00:20:51,169 --> 00:20:48,140

together and the primary you could say

445

00:20:53,690 --> 00:20:51,179

factor involved in my release but there

446

00:20:56,419 --> 00:20:53,700

was the fact that I was sleeping on top

447

00:20:58,610 --> 00:20:56,429

of an underground spring there was an

448

00:21:01,310 --> 00:20:58,620

underground stream coming out of the

449

00:21:03,860 --> 00:21:01,320

hill going to that little spring I'd

450

00:21:05,960 --> 00:21:03,870

found which was about 80 yards from

451
00:21:08,690 --> 00:21:05,970
where I'll be sleeping downhill so I was

452
00:21:11,600 --> 00:21:08,700
run on top of it and over the years

453
00:21:15,190 --> 00:21:11,610
later on more coincidences led me till

454
00:21:18,409 --> 00:21:15,200
the realisation a few years later that

455
00:21:21,049 --> 00:21:18,419
the earthbound type spirits whatever you

456
00:21:22,700 --> 00:21:21,059
want to call them literally bound on the

457
00:21:25,310 --> 00:21:22,710
surface of the earth and they cannot

458
00:21:29,090 --> 00:21:25,320
cross running water running water is

459
00:21:32,419 --> 00:21:29,100
extremely disrupted RuPt it to them

460
00:21:34,820 --> 00:21:32,429
damaging to them and it will also if you

461
00:21:37,310 --> 00:21:34,830
expose yourself and rough to those types

462
00:21:40,100 --> 00:21:37,320
of energies which includes electrical

463
00:21:43,190 --> 00:21:40,110

earthing you will release yourself from

464

00:21:45,650 --> 00:21:43,200

that type of entity and that led me to

465

00:21:50,360 --> 00:21:45,660

write the book on it eventually I made

466

00:21:53,860 --> 00:21:50,370

the there there is a corner saga leading

467

00:21:55,810 --> 00:21:53,870

to my discovery of these things but that

468

00:21:58,120 --> 00:21:55,820

why the book is called practical psychic

469

00:21:59,799 --> 00:21:58,130

self defense it's very practical the

470

00:22:03,610 --> 00:21:59,809

techniques in their work they're very

471

00:22:06,159 --> 00:22:03,620

effective and for example did only I've

472

00:22:09,750 --> 00:22:06,169

learned that if you come under an attack

473

00:22:13,060 --> 00:22:09,760

of any kind even the most horrific

474

00:22:15,760 --> 00:22:13,070

demonic attack vampire demon attack that

475

00:22:18,340 --> 00:22:15,770

you could possibly get if you jump in

476

00:22:21,130 --> 00:22:18,350

the shower you will break it instantly

477

00:22:23,769 --> 00:22:21,140

you break you break the attack but if

478

00:22:25,840 --> 00:22:23,779

you don't know that and you just go back

479

00:22:28,029 --> 00:22:25,850

to bed and or go and sleep on the couch

480

00:22:30,220 --> 00:22:28,039

and put up with the attack it will

481

00:22:32,529 --> 00:22:30,230

infiltrate you or you could say your

482

00:22:34,649 --> 00:22:32,539

energy body and the possession would

483

00:22:38,110 --> 00:22:34,659

become progressively more and more

484

00:22:40,360 --> 00:22:38,120

dangerous and controlling but there are

485

00:22:42,669 --> 00:22:40,370

ways to break it if you know the signs

486

00:22:45,970 --> 00:22:42,679

what to look for and what to do battle

487

00:22:48,970 --> 00:22:45,980

without that story of course to anyone

488

00:22:51,130 --> 00:22:48,980

who isn't kind of well into this stuff

489

00:22:52,870 --> 00:22:51,140

is going to find some very strange very

490

00:22:56,139 --> 00:22:52,880

far out there and one of the things I

491

00:22:58,120 --> 00:22:56,149

like to do is connect all my guests to

492

00:23:00,130 --> 00:22:58,130

both former guests that I've had on and

493

00:23:01,779 --> 00:23:00,140

other events that are happening in the

494

00:23:04,630 --> 00:23:01,789

news and one thing I guess I'd point to

495

00:23:06,669 --> 00:23:04,640

here is you know recently journalist

496

00:23:08,620 --> 00:23:06,679

Matt Bagley Oh published a book called

497

00:23:11,230 --> 00:23:08,630

the write the making of a modern

498

00:23:13,149 --> 00:23:11,240

Exorcist and what he did is he went to

499

00:23:16,690 --> 00:23:13,159

Rome and actually went to the school

500

00:23:19,180 --> 00:23:16,700

where the Vatican instructs priests in

501
00:23:21,930 --> 00:23:19,190
how to perform exorcisms and he sat in

502
00:23:25,149 --> 00:23:21,940
on dozens and dozens of exorcisms and

503
00:23:28,240 --> 00:23:25,159
what he found was really that one

504
00:23:30,250 --> 00:23:28,250
despite the modern perception that

505
00:23:32,230 --> 00:23:30,260
they're just bringing people in to

506
00:23:34,539 --> 00:23:32,240
convert him to Christianity or convert

507
00:23:36,460 --> 00:23:34,549
to Catholicism it wasn't the case they

508
00:23:39,539 --> 00:23:36,470
have licensed therapists there they say

509
00:23:43,090 --> 00:23:39,549
95% of these people are not

510
00:23:46,450 --> 00:23:43,100
demon-possessed but five percent of them

511
00:23:48,789 --> 00:23:46,460
are they have very specific criteria

512
00:23:51,730 --> 00:23:48,799
that they use they have unbelievable

513
00:23:54,010 --> 00:23:51,740

stories that this journalist is gathered

514

00:23:57,279 --> 00:23:54,020

and that these exercise exercise can

515

00:24:00,760 --> 00:23:57,289

attest to so this is a phenomena that

516

00:24:03,279 --> 00:24:00,770

that is much more I don't want to say

517

00:24:06,330 --> 00:24:03,289

well-known but but much more prevalent

518

00:24:08,580 --> 00:24:06,340

than I think most of us are willing to

519

00:24:11,430 --> 00:24:08,590

to acknowledge or even look into I think

520

00:24:13,830 --> 00:24:11,440

most people just won't even examine the

521

00:24:16,140 --> 00:24:13,840

evidence for it hit the nail on the head

522

00:24:18,960 --> 00:24:16,150

there people don't want it to be true

523

00:24:21,659 --> 00:24:18,970

but don't want to know they avoid the

524

00:24:25,529 --> 00:24:21,669

information now to be a true scientist

525

00:24:28,529 --> 00:24:25,539

you need to be an open-minded skeptic

526

00:24:30,630 --> 00:24:28,539

I mean open-minded skepticism is pure

527

00:24:32,310 --> 00:24:30,640

science you open-minded but you

528

00:24:35,399 --> 00:24:32,320

skeptical and you look at the evidence

529

00:24:36,779 --> 00:24:35,409

and you examine these the phenomena or

530

00:24:39,450 --> 00:24:36,789

whatever it is until you start to

531

00:24:42,240 --> 00:24:39,460

understand it now I have that same

532

00:24:44,580 --> 00:24:42,250

approach and I approach this and not

533

00:24:47,190 --> 00:24:44,590

just with my own experience made it real

534

00:24:50,070 --> 00:24:47,200

to me you need their ounce of experience

535

00:24:51,930 --> 00:24:50,080

timing anybody who doubts this and they

536

00:24:54,299 --> 00:24:51,940

should doubt it until they see the app

537

00:24:56,250 --> 00:24:54,309

to see it for themselves or experience

538

00:25:00,060 --> 00:24:56,260

it for themselves having a bit

539

00:25:03,570 --> 00:25:00,070

it it's like but when what you confront

540

00:25:07,080 --> 00:25:03,580

one demon or an evil spirit even a

541

00:25:09,510 --> 00:25:07,090

poltergeist a real one and you become a

542

00:25:12,000 --> 00:25:09,520

believer but you have to have personal

543

00:25:15,630 --> 00:25:12,010

experience with it until then I advise

544

00:25:18,330 --> 00:25:15,640

everybody open-minded skepticism but I

545

00:25:19,760 --> 00:25:18,340

also advise people that my book because

546

00:25:22,169 --> 00:25:19,770

it is so practical

547

00:25:23,850 --> 00:25:22,179

the practical psychic self defense

548

00:25:25,740 --> 00:25:23,860

handbook that should be taught in

549

00:25:28,350 --> 00:25:25,750

primary school and you're like great

550

00:25:31,019 --> 00:25:28,360

fight I agree with you I mean it sure

551
00:25:33,930 --> 00:25:31,029
wouldn't hurt to have that information

552
00:25:36,600 --> 00:25:33,940
in the back of your mind even if you

553
00:25:38,880 --> 00:25:36,610
don't believe it to know that it's there

554
00:25:40,529 --> 00:25:38,890
if you need it but I want to take this

555
00:25:43,889 --> 00:25:40,539
in a different direction because I've

556
00:25:48,060 --> 00:25:43,899
had a couple of out-of-body experience

557
00:25:50,820 --> 00:25:48,070
travelers also authors very qualified

558
00:25:53,700 --> 00:25:50,830
people as near as I can tell on the show

559
00:25:55,680 --> 00:25:53,710
and one of the things that kind of

560
00:25:57,690 --> 00:25:55,690
troubles me all the time are the

561
00:25:59,190 --> 00:25:57,700
discrepancies and so maybe they're not

562
00:26:01,649 --> 00:25:59,200
discrepancies maybe that's the wrong

563
00:26:04,980 --> 00:26:01,659

word but there's some variations in

564

00:26:07,019 --> 00:26:04,990

approach variations in worldview that I

565

00:26:08,820 --> 00:26:07,029

wanted to bounce off of you and see if

566

00:26:10,860 --> 00:26:08,830

we can kind of figure out what's going

567

00:26:12,930 --> 00:26:10,870

on but one of the persons I had I knew I

568

00:26:15,510 --> 00:26:12,940

really liked I was impressed with is a

569

00:26:17,190 --> 00:26:15,520

woman named Marilyn Hughes and she runs

570

00:26:18,149 --> 00:26:17,200

something called the out-of-body

571

00:26:20,250 --> 00:26:18,159

experience

572

00:26:23,970 --> 00:26:20,260

Institute and Marilyn actually came

573

00:26:27,030 --> 00:26:23,980

the show is part of a on-air experiment

574

00:26:29,100 --> 00:26:27,040

we were doing on mediumship and she said

575

00:26:30,930 --> 00:26:29,110

well I'm not a medium on an out-of-body

576

00:26:34,409 --> 00:26:30,940

experience traveler but I'll help you

577

00:26:37,590 --> 00:26:34,419

with your experiment we had a woman who

578

00:26:39,810 --> 00:26:37,600

had lost a daughter who was away at

579

00:26:42,270 --> 00:26:39,820

college she was suffering greatly I

580

00:26:45,710 --> 00:26:42,280

served as the proxy sitter for this

581

00:26:48,990 --> 00:26:45,720

woman and Marilyn did this reading and

582

00:26:51,720 --> 00:26:49,000

Marilyn's explanation of what she does

583

00:26:54,600 --> 00:26:51,730

is that she goes to these other realms

584

00:26:58,830 --> 00:26:54,610

and she feels like it's her mission in

585

00:27:02,640 --> 00:26:58,840

particular to help souls or spirits that

586

00:27:06,120 --> 00:27:02,650

are in a bad place in this other realm

587

00:27:08,580 --> 00:27:06,130

and help them transition that's her

588

00:27:10,919 --> 00:27:08,590

claim but I have to say and anyone can

589

00:27:13,140 --> 00:27:10,929

go back and listen to this episode she

590

00:27:17,100 --> 00:27:13,150

was spot on and she gave a tremendous

591

00:27:20,400 --> 00:27:17,110

reading and gave more importantly gave a

592

00:27:23,580 --> 00:27:20,410

real sense of relief in closure to this

593

00:27:25,799 --> 00:27:23,590

mom who had lost her daughter here's the

594

00:27:29,610 --> 00:27:25,809

interesting thing about Marilyn Marilyn

595

00:27:33,659 --> 00:27:29,620

is a Christian she's very oriented

596

00:27:37,110 --> 00:27:33,669

towards a Christian outlook towards

597

00:27:39,840 --> 00:27:37,120

Jesus and angels helping her and guiding

598

00:27:42,770 --> 00:27:39,850

her she's not close to other religions

599

00:27:45,780 --> 00:27:42,780

but again her primary focus is

600

00:27:47,640 --> 00:27:45,790

Christianity now I noticed in the

601
00:27:51,299 --> 00:27:47,650
account that you gave one thing that I

602
00:27:53,820 --> 00:27:51,309
think was conspicuously absent for a lot

603
00:27:57,900 --> 00:27:53,830
of people would be any mention on your

604
00:28:02,789 --> 00:27:57,910
part of any kind of religious figure or

605
00:28:05,580 --> 00:28:02,799
even angelic or divine figure in that

606
00:28:07,680 --> 00:28:05,590
equation at all sort that out for us

607
00:28:10,350 --> 00:28:07,690
what's your best understanding of how

608
00:28:12,980 --> 00:28:10,360
that aspect of this works the

609
00:28:15,659 --> 00:28:12,990
out-of-body experience you'll find

610
00:28:18,450 --> 00:28:15,669
everybody people like it that later you

611
00:28:20,520 --> 00:28:18,460
describe there they tend to they have

612
00:28:23,340 --> 00:28:20,530
this phenomena occurring a demonic

613
00:28:26,280 --> 00:28:23,350

spirits often from a child but their

614

00:28:28,140 --> 00:28:26,290

religious training is different than

615

00:28:30,720 --> 00:28:28,150

doesn't allow that so what they do is

616

00:28:32,430 --> 00:28:30,730

they bend their belief system their

617

00:28:34,890 --> 00:28:32,440

Christianity if you like

618

00:28:37,560 --> 00:28:34,900

they wrap it around it to include the

619

00:28:39,920 --> 00:28:37,570

phenomena but you'll find the the

620

00:28:43,380 --> 00:28:39,930

question bias will affect the experience

621

00:28:46,860 --> 00:28:43,390

so you will tend to have more of a

622

00:28:50,040 --> 00:28:46,870

question type thing if you like it

623

00:28:54,840 --> 00:28:50,050

applied to it now you're in a very very

624

00:28:57,960 --> 00:28:54,850

fluid subtle environment when your outer

625

00:29:00,870 --> 00:28:57,970

body which is affected by your beliefs

626

00:29:03,780 --> 00:29:00,880

and your thoughts I mean your mind is

627

00:29:07,980 --> 00:29:03,790

very very powerful at which is unleashed

628

00:29:11,010 --> 00:29:07,990

in the outer body environment and you

629

00:29:12,570 --> 00:29:11,020

can create things there and you can

630

00:29:15,030 --> 00:29:12,580

influence the environment there

631

00:29:16,770 --> 00:29:15,040

depending on which type of experience

632

00:29:20,760 --> 00:29:16,780

you'll have there's a gradient of

633

00:29:22,770 --> 00:29:20,770

experience from hard real time after

634

00:29:25,920 --> 00:29:22,780

projection where you are like a ghost in

635

00:29:28,650 --> 00:29:25,930

the real world up to the higher astral

636

00:29:31,740 --> 00:29:28,660

planes where the environment you're in

637

00:29:34,650 --> 00:29:31,750

bears no resemblance to the whole

638

00:29:36,480 --> 00:29:34,660

physical reality but there is a gradient

639

00:29:40,050 --> 00:29:36,490

of them and that explains the

640

00:29:41,790 --> 00:29:40,060

differences in the experience on on the

641

00:29:45,780 --> 00:29:41,800

centre the environment is being

642

00:29:48,540 --> 00:29:45,790

different and I liken it to this if you

643

00:29:51,570 --> 00:29:48,550

imagine pure astral projection is a

644

00:29:54,450 --> 00:29:51,580

projection of the flesh of your body of

645

00:29:57,870 --> 00:29:54,460

the substance of your body and this is

646

00:30:00,060 --> 00:29:57,880

supported by the many years of work the

647

00:30:03,020 --> 00:30:00,070

thousand the people I've worked with and

648

00:30:05,460 --> 00:30:03,030

my own experience where when you are

649

00:30:09,180 --> 00:30:05,470

coming out of your body during a

650

00:30:12,240 --> 00:30:09,190

conscious astral projection exit during

651
00:30:15,210 --> 00:30:12,250
a separation you will sometimes find you

652
00:30:18,240 --> 00:30:15,220
a stuck at one part of your body you

653
00:30:22,170 --> 00:30:18,250
might be stuck at the left wrist and

654
00:30:25,650 --> 00:30:22,180
hand you might be stuck at the mouth the

655
00:30:28,470 --> 00:30:25,660
head the stomach or maybe a leg and if

656
00:30:31,290 --> 00:30:28,480
you you're very aware of being out of

657
00:30:33,870 --> 00:30:31,300
body you can see out of body as well see

658
00:30:36,180 --> 00:30:33,880
around you even though it's dark and you

659
00:30:38,640 --> 00:30:36,190
may be stuck say at the wrist now if you

660
00:30:42,210 --> 00:30:38,650
pull hard on that to try and finish the

661
00:30:44,250 --> 00:30:42,220
separation it really hurts so you give

662
00:30:46,090 --> 00:30:44,260
up on that pretty quickly but there's

663
00:30:49,570 --> 00:30:46,100

something there stopping you

664

00:30:52,600 --> 00:30:49,580

it's like that area hasn't like you get

665

00:30:55,720 --> 00:30:52,610

like a whole body vibration with real

666

00:30:58,240 --> 00:30:55,730

time after projection and it's like that

667

00:31:01,060 --> 00:30:58,250

part hasn't vibrated enough to generate

668

00:31:03,490 --> 00:31:01,070

the astral body in their area but if you

669

00:31:06,760 --> 00:31:03,500

examine these areas where you're stuck

670

00:31:09,340 --> 00:31:06,770

at you will usually if not always find

671

00:31:12,549 --> 00:31:09,350

something different about it a person is

672

00:31:15,430 --> 00:31:12,559

wearing a bracelet or watch or a ring

673

00:31:17,560 --> 00:31:15,440

that they haven't had for very long they

674

00:31:20,260 --> 00:31:17,570

may have had like in the case of being

675

00:31:22,990 --> 00:31:20,270

stuck at the mouth it consistently the

676

00:31:25,120 --> 00:31:23,000

first question that I ask is with

677

00:31:27,360 --> 00:31:25,130

problem solving things like that have

678

00:31:30,310 --> 00:31:27,370

you had any new dental work and

679

00:31:32,710 --> 00:31:30,320

invariably really the question is yes I

680

00:31:35,860 --> 00:31:32,720

had a bridge to put in a couple of weeks

681

00:31:37,630 --> 00:31:35,870

back and anything new in the body can

682

00:31:39,640 --> 00:31:37,640

take several weeks away with a few

683

00:31:42,370 --> 00:31:39,650

months for the body you could say to

684

00:31:45,000 --> 00:31:42,380

acclimatize to it and being stuck at the

685

00:31:47,620 --> 00:31:45,010

stomach is cause food content it has

686

00:31:49,720 --> 00:31:47,630

what you eat and what your stomach

687

00:31:52,330 --> 00:31:49,730

content is has an effect on astral

688

00:31:55,450 --> 00:31:52,340

projection and can cause problems with

689

00:31:57,399 --> 00:31:55,460

that type of exit now the astral

690

00:31:59,169 --> 00:31:57,409

projection you could say at the other

691

00:32:02,110 --> 00:31:59,179

end of the spectrum there was a mental

692

00:32:05,140 --> 00:32:02,120

projection which is relates to dreaming

693

00:32:07,840 --> 00:32:05,150

lucid dreaming and way conduce lucid

694

00:32:09,610 --> 00:32:07,850

dreaming which is like a conscious exit

695

00:32:12,340 --> 00:32:09,620

directly in what they call the dream

696

00:32:15,909 --> 00:32:12,350

environment but that is to me logically

697

00:32:18,490 --> 00:32:15,919

and obviously a mental projection which

698

00:32:20,890 --> 00:32:18,500

is in you could say a a finer more

699

00:32:23,560 --> 00:32:20,900

mental sort of a realm but now what you

700

00:32:26,830 --> 00:32:23,570

get typically is you have a gradient

701
00:32:28,899 --> 00:32:26,840
between way conducive lucid dreaming

702
00:32:32,470 --> 00:32:28,909
which is probably the most powerful

703
00:32:34,060 --> 00:32:32,480
experience you can have and pure real

704
00:32:36,700 --> 00:32:34,070
time astral projection

705
00:32:40,029 --> 00:32:36,710
there was a gradient and a mixture that

706
00:32:42,190 --> 00:32:40,039
has a percentage of the astral body in

707
00:32:44,590 --> 00:32:42,200
it and a percentage of the mental body

708
00:32:48,850 --> 00:32:44,600
in it and depending on what that ratio

709
00:32:50,740 --> 00:32:48,860
is the experience is a different in it

710
00:32:53,350 --> 00:32:50,750
if there was a gradient in being

711
00:32:56,230 --> 00:32:53,360
slightly different if you get a 50-50

712
00:32:58,600 --> 00:32:56,240
mix you are have a pretty typical astral

713
00:32:59,320 --> 00:32:58,610

projection in the astral planes if you

714

00:33:06,910 --> 00:32:59,330

have

715

00:33:09,340 --> 00:33:06,920

you'll find you'll be more in the you

716

00:33:12,100 --> 00:33:09,350

can say the mental planes it's more like

717

00:33:14,340 --> 00:33:12,110

the lucid dreaming than it is astral

718

00:33:19,390 --> 00:33:14,350

projection and the other way of course

719

00:33:21,820 --> 00:33:19,400

75% a store and 25% mental you find it's

720

00:33:24,610 --> 00:33:21,830

the experience is different again it's

721

00:33:26,440 --> 00:33:24,620

close to the physical reality and you

722

00:33:29,020 --> 00:33:26,450

also you'll find when you have more

723

00:33:32,200 --> 00:33:29,030

astral there it's like you've left half

724

00:33:34,450 --> 00:33:32,210

your mind behind you'll forget any plans

725

00:33:38,140 --> 00:33:34,460

you had you'll find the experience

726

00:33:40,840 --> 00:33:38,150

itself is different and you feel yeah

727

00:33:43,200 --> 00:33:40,850

it's more there's less mind and then

728

00:33:45,850 --> 00:33:43,210

it's more difficult to remember as well

729

00:33:47,650 --> 00:33:45,860

so that's great and this will give

730

00:33:51,670 --> 00:33:47,660

people a sense for the kind of very

731

00:33:53,140 --> 00:33:51,680

practical down-to-earth information that

732

00:33:54,580 --> 00:33:53,150

you provide about this know if I mean

733

00:33:56,020 --> 00:33:54,590

where else are you gonna hear that if

734

00:33:57,460 --> 00:33:56,030

you're wearing a watch you won't be able

735

00:33:58,750 --> 00:33:57,470

to come out of your body physically and

736

00:34:00,310 --> 00:33:58,760

all the rest I don't know where it Amit

737

00:34:02,860 --> 00:34:00,320

I don't know what to make of that but I

738

00:34:05,020 --> 00:34:02,870

I guess there's plenty of people who can

739

00:34:07,270 --> 00:34:05,030

vouch for that and your experience and

740

00:34:08,470 --> 00:34:07,280

working with thousands of people can can

741

00:34:10,570 --> 00:34:08,480

really back that up it's great

742

00:34:13,090 --> 00:34:10,580

information but I have to return if I

743

00:34:16,210 --> 00:34:13,100

can to this spiritual matter because I

744

00:34:19,510 --> 00:34:16,220

think that this is really troubling for

745

00:34:22,630 --> 00:34:19,520

people in this topic and I'm not so sure

746

00:34:24,550 --> 00:34:22,640

that we can separate them so cleanly in

747

00:34:26,440 --> 00:34:24,560

terms of saying well you know here's

748

00:34:29,140 --> 00:34:26,450

physically how you do it and you fly out

749

00:34:31,120 --> 00:34:29,150

and you fly back in and I guess I'd

750

00:34:33,010 --> 00:34:31,130

maybe take it in a different direction

751

00:34:33,970 --> 00:34:33,020

mix in another guest that we recently

752

00:34:37,630 --> 00:34:33,980

had on the show

753

00:34:40,570 --> 00:34:37,640

Harvard neurosurgeon Evan Alexander he's

754

00:34:44,920 --> 00:34:40,580

New York Times bestselling author as we

755

00:34:47,980 --> 00:34:44,930

speaks came on the show and recounted his

756

00:34:52,030 --> 00:34:47,990

amazing near-death experience so here's

757

00:34:54,940 --> 00:34:52,040

a guy who was clinically dead traveled

758

00:34:57,520 --> 00:34:54,950

outside of his body went to this other

759

00:35:00,070 --> 00:34:57,530

realm that he understood as heaven had

760

00:35:02,380 --> 00:35:00,080

this amazing experience we don't have to

761

00:35:04,810 --> 00:35:02,390

get into the details of it but there was

762

00:35:07,380 --> 00:35:04,820

a definite divinity that he felt

763

00:35:09,760 --> 00:35:07,390

associated with that experience this

764

00:35:13,120 --> 00:35:09,770

overwhelming feeling of love and

765

00:35:16,420 --> 00:35:13,130

acceptance which near-death experiencers

766

00:35:18,700 --> 00:35:16,430

report almost uniformly as being the

767

00:35:22,120 --> 00:35:18,710

most significant part of the experience

768

00:35:25,539 --> 00:35:22,130

they associated with a higher spirit a

769

00:35:26,859 --> 00:35:25,549

hierarchical spirit which hey that's God

770

00:35:28,390 --> 00:35:26,869

you know and you can call it what you

771

00:35:30,609 --> 00:35:28,400

will intellectualize it but that's

772

00:35:32,200 --> 00:35:30,619

really what they're talking about how

773

00:35:34,870 --> 00:35:32,210

are we supposed to sort that out what

774

00:35:38,759 --> 00:35:34,880

what about the God question what about

775

00:35:42,279 --> 00:35:38,769

the Jesus question what's going on there

776

00:35:45,370 --> 00:35:42,289

okay well theoretically just the concept

777

00:35:48,609 --> 00:35:45,380

of it by what I what I call you call God

778

00:35:51,430 --> 00:35:48,619

other people might call God can also be

779

00:35:53,769 --> 00:35:51,440

called the source or can even be called

780

00:35:57,069 --> 00:35:53,779

your higher self is a like a gradient of

781

00:35:58,930 --> 00:35:57,079

consciousness from you to the entire

782

00:36:02,499 --> 00:35:58,940

universe if you mention the entire

783

00:36:06,940 --> 00:36:02,509

universe is consciousness manifest in

784

00:36:09,519 --> 00:36:06,950

form now I focus on the mechanics of the

785

00:36:12,819 --> 00:36:09,529

process that's why for tie in my

786

00:36:16,079 --> 00:36:12,829

interest but I mean I've met angels I

787

00:36:19,150 --> 00:36:16,089

have had experiences which is very

788

00:36:22,269 --> 00:36:19,160

Christian oriented I've had experience

789

00:36:25,630 --> 00:36:22,279

which is a which are very you could say

790

00:36:28,630 --> 00:36:25,640

Islamic very Hindu type there seems to

791

00:36:31,180 --> 00:36:28,640

be like different versions of the

792

00:36:34,690 --> 00:36:31,190

afterlife the spiritual greater reality

793

00:36:37,809 --> 00:36:34,700

at the higher levels which seem to match

794

00:36:41,109 --> 00:36:37,819

up with the the different religions and

795

00:36:43,120 --> 00:36:41,119

others but and there is yeah when you

796

00:36:46,140 --> 00:36:43,130

get there there is this overwhelming

797

00:36:49,870 --> 00:36:46,150

feeling of of love but also if you

798

00:36:52,509 --> 00:36:49,880

connect with your higher self personally

799

00:36:55,029 --> 00:36:52,519

in your own room you find you are

800

00:36:57,849 --> 00:36:55,039

exposed to this overwhelming feeling of

801
00:37:00,549 --> 00:36:57,859
love and understanding as well that

802
00:37:02,799 --> 00:37:00,559
seems to permeate that yet your reality

803
00:37:06,160 --> 00:37:02,809
but I mean all of these things doing is

804
00:37:09,220 --> 00:37:06,170
this but I I have I'm a very open-minded

805
00:37:11,559 --> 00:37:09,230
skeptic I don't have any particular

806
00:37:13,990 --> 00:37:11,569
religious beliefs I was raised

807
00:37:16,839 --> 00:37:14,000
you could say I'm ain't white Christian

808
00:37:19,749 --> 00:37:16,849
Protestant I went to the Salvation Army

809
00:37:21,670 --> 00:37:19,759
for a couple of years in my teens I mean

810
00:37:24,880 --> 00:37:21,680
that's about it so I've got the generic

811
00:37:25,740 --> 00:37:24,890
question works there but I'm also you

812
00:37:27,660 --> 00:37:25,750
know I have

813
00:37:30,090 --> 00:37:27,670

I'm an open-minded skeptic I'm very

814

00:37:32,130 --> 00:37:30,100

scientific about my approach to this

815

00:37:34,350 --> 00:37:32,140

because I found that as the only wire

816

00:37:39,200 --> 00:37:34,360

could make any sense out of it is

817

00:37:42,000 --> 00:37:39,210

actually just to examine everything and

818

00:37:43,770 --> 00:37:42,010

and hold it in hand and try to make you

819

00:37:46,350 --> 00:37:43,780

know trying to make sense out of it just

820

00:37:50,880 --> 00:37:46,360

by observing it and particularly by

821

00:37:53,550 --> 00:37:50,890

staying in the question why not I found

822

00:37:56,040 --> 00:37:53,560

that if I categorize something and say

823

00:37:58,470 --> 00:37:56,050

well that's astral projection and this

824

00:38:00,330 --> 00:37:58,480

is lucid dreaming and that's dreaming

825

00:38:02,730 --> 00:38:00,340

and these are completely different

826

00:38:04,950 --> 00:38:02,740

things and some maybe I say astral

827

00:38:07,140 --> 00:38:04,960

projection is superior to lucid dreaming

828

00:38:07,710 --> 00:38:07,150

is that's just dreaming but that's not

829

00:38:09,870 --> 00:38:07,720

true

830

00:38:11,490 --> 00:38:09,880

there is no superiority there the

831

00:38:14,280 --> 00:38:11,500

experience is just different

832

00:38:16,680 --> 00:38:14,290

but back again to that to the daily sort

833

00:38:20,040 --> 00:38:16,690

of thing I mean I have encountered

834

00:38:23,420 --> 00:38:20,050

beings which appear to be like deities

835

00:38:27,390 --> 00:38:23,430

and particularly angels angelic type are

836

00:38:29,160 --> 00:38:27,400

beings I've had them even I remember my

837

00:38:32,490 --> 00:38:29,170

first encounter with angels

838

00:38:34,860 --> 00:38:32,500

I had three angels completely

839

00:38:39,180 --> 00:38:34,870

materialized in my bedroom when I was 14

840

00:38:42,210 --> 00:38:39,190

and like yeah I this experience with

841

00:38:44,220 --> 00:38:42,220

them and and over the years I mean I

842

00:38:47,460 --> 00:38:44,230

don't see them all the time but

843

00:38:49,980 --> 00:38:47,470

occasionally I will encounter an angel

844

00:38:52,860 --> 00:38:49,990

or what you'll call like spiritual

845

00:38:55,050 --> 00:38:52,870

master datatype beam but Robert hold on

846

00:38:56,460 --> 00:38:55,060

hold on one second I I really appreciate

847

00:39:00,150 --> 00:38:56,470

what you're saying and I love the

848

00:39:03,030 --> 00:39:00,160

open-minded skeptic I think most people

849

00:39:05,520 --> 00:39:03,040

who self identify as skeptic would have

850

00:39:07,680 --> 00:39:05,530

a real hard time with that but I don't I

851

00:39:10,680 --> 00:39:07,690

mean I think that's wonderful that you

852

00:39:14,670 --> 00:39:10,690

can traverse this landscape that you're

853

00:39:17,340 --> 00:39:14,680

in and maintain this skepticism awesome

854

00:39:21,600 --> 00:39:17,350

but I'm not I can't quite square that

855

00:39:23,850 --> 00:39:21,610

with when you say angel an ascended

856

00:39:26,190 --> 00:39:23,860

master and I don't have any dog in this

857

00:39:28,650 --> 00:39:26,200

fight either I'm not Christian I'm not

858

00:39:31,620 --> 00:39:28,660

particularly religious but I the

859

00:39:34,170 --> 00:39:31,630

evidence to me does point towards there

860

00:39:36,570 --> 00:39:34,180

being this hierarchy to this

861

00:39:38,730 --> 00:39:36,580

consciousness and then you can put any

862

00:39:39,420 --> 00:39:38,740

name you want on its source or God or

863

00:39:41,670 --> 00:39:39,430

whatever

864

00:39:43,770 --> 00:39:41,680

but it seems going in one direction and

865

00:39:46,920 --> 00:39:43,780

there does seem to be a moral imperative

866

00:39:48,960 --> 00:39:46,930

here there's some you know your moral

867

00:39:50,700 --> 00:39:48,970

imperative that you're that you've

868

00:39:53,250 --> 00:39:50,710

talked about in your latest book is

869

00:39:55,710 --> 00:39:53,260

evolution and that we have to evolve but

870

00:39:58,650 --> 00:39:55,720

I think related to that is this moral

871

00:40:02,220 --> 00:39:58,660

imperative maybe to what to do good to

872

00:40:05,339 --> 00:40:02,230

learn and how would an eight how else

873

00:40:07,349 --> 00:40:05,349

would an angel even exist or fit into

874

00:40:10,620 --> 00:40:07,359

this landscape if we don't have those

875

00:40:13,920 --> 00:40:10,630

things I don't know and isn't it

876

00:40:16,290 --> 00:40:13,930

wonderful that I don't know I know that

877

00:40:19,049 --> 00:40:16,300

they exist I know they look like angels

878

00:40:21,299 --> 00:40:19,059

I know they behave like angels but I

879

00:40:23,339 --> 00:40:21,309

can't pigeonhole all of this together

880

00:40:26,069 --> 00:40:23,349

and say that malong was there that's

881

00:40:28,410 --> 00:40:26,079

number five on the list I mean I am just

882

00:40:31,069 --> 00:40:28,420

observing and staying in the question

883

00:40:34,740 --> 00:40:31,079

now anybody who is a close-minded

884

00:40:37,380 --> 00:40:34,750

skeptic and there are a lot of clothes -

885

00:40:40,410 --> 00:40:37,390

skeptics out there they are no different

886

00:40:43,109 --> 00:40:40,420

to any you could say enthusiastic

887

00:40:45,240 --> 00:40:43,119

Baptist or born-again tie Pentecostal

888

00:40:46,859 --> 00:40:45,250

belief you know you get the very

889

00:40:48,960 --> 00:40:46,869

closed-minded Christians and

890

00:40:51,480 --> 00:40:48,970

everything's according to the Bible and

891

00:40:52,530 --> 00:40:51,490

it must fit the Bible or its rubbish or

892

00:40:55,289 --> 00:40:52,540

it doesn't exist

893

00:40:57,630 --> 00:40:55,299

I mean her closed-minded skeptics like

894

00:41:00,359 --> 00:40:57,640

that band off my forums i banned them

895

00:41:04,079 --> 00:41:00,369

years ago because they are painful they

896

00:41:06,089 --> 00:41:04,089

are I would much rather have a very

897

00:41:08,760 --> 00:41:06,099

enthusiastic religious person there

898

00:41:11,309 --> 00:41:08,770

because that's very unscientific we've

899

00:41:13,109 --> 00:41:11,319

made a point on this show to inviting

900

00:41:15,329 --> 00:41:13,119

those folks into the conversation and

901
00:41:17,150 --> 00:41:15,339
they're very interesting conversations

902
00:41:19,140 --> 00:41:17,160
because I mean I think the whole

903
00:41:20,280 --> 00:41:19,150
skepticism thing I don't want to get

904
00:41:22,380 --> 00:41:20,290
into it because there's so many

905
00:41:24,329 --> 00:41:22,390
interesting topics I need to talk to you

906
00:41:27,420 --> 00:41:24,339
about but I think you hit the nail on

907
00:41:30,930 --> 00:41:27,430
the head when you put them in the same

908
00:41:33,210 --> 00:41:30,940
lot as fundamentalist yeah Christian

909
00:41:35,609 --> 00:41:33,220
folks or any fundamentalist religion

910
00:41:38,849 --> 00:41:35,619
that it's this fear this need to have

911
00:41:41,309 --> 00:41:38,859
control this need to to know your

912
00:41:43,380 --> 00:41:41,319
doctrine and state your dogma and stick

913
00:41:45,780 --> 00:41:43,390

to it and I think it comes from that but

914

00:41:47,880 --> 00:41:45,790

I don't like when people psycho aunt do

915

00:41:49,740 --> 00:41:47,890

cheap psychoanalysis on me so I

916

00:41:52,830 --> 00:41:49,750

shouldn't do it on other people but I

917

00:41:54,930 --> 00:41:52,840

tell you what let me let me shift

918

00:41:57,930 --> 00:41:54,940

is only slightly because I'll tell you

919

00:42:00,030 --> 00:41:57,940

one of the things I've found in one of

920

00:42:03,000 --> 00:42:00,040

your emails because I signed up quite a

921

00:42:05,430 --> 00:42:03,010

long time ago for your excellent email

922

00:42:07,830 --> 00:42:05,440

newsletter packed with information you

923

00:42:09,810 --> 00:42:07,840

get a good sales pitch in there but you

924

00:42:11,700 --> 00:42:09,820

always deliver some good information

925

00:42:14,010 --> 00:42:11,710

with it it's not like it's just pure

926

00:42:16,680 --> 00:42:14,020

sales you you deliver good stuff it's

927

00:42:19,760 --> 00:42:16,690

it's good stuff I talked about the

928

00:42:23,070 --> 00:42:19,770

chalkboard experiment that you say

929

00:42:25,470 --> 00:42:23,080

instantly completely blows apart this

930

00:42:28,500 --> 00:42:25,480

materialistic science that insists that

931

00:42:31,470 --> 00:42:28,510

mind equals brain here's the rub I'm

932

00:42:35,670 --> 00:42:31,480

with you that materialistic science has

933

00:42:37,620 --> 00:42:35,680

been defeated just soundly so many

934

00:42:39,330 --> 00:42:37,630

different ways yet it persists and

935

00:42:41,430 --> 00:42:39,340

that's a whole question of how and why

936

00:42:44,460 --> 00:42:41,440

it persists but the chalkboard

937

00:42:47,690 --> 00:42:44,470

experiment Robert why haven't you done

938

00:42:50,390 --> 00:42:47,700

it I'm I guess close enough with enough

939

00:42:54,080 --> 00:42:50,400

parapsychologists who would jump into

940

00:42:57,470 --> 00:42:54,090

the chance to do the chalkboard

941

00:43:01,320 --> 00:42:57,480

experiment with any number of your

942

00:43:03,930 --> 00:43:01,330

students or you or anyone like that it

943

00:43:06,450 --> 00:43:03,940

would it move if it had any chance of

944

00:43:07,740 --> 00:43:06,460

moving this whole thing forward tell us

945

00:43:09,950 --> 00:43:07,750

a little bit before I get too far along

946

00:43:13,350 --> 00:43:09,960

what you describe as your chalkboard

947

00:43:15,630 --> 00:43:13,360

experiment and then tell me how we how

948

00:43:18,480 --> 00:43:15,640

we formalize that and get that done I

949

00:43:22,050 --> 00:43:18,490

have done there hundreds of times over

950

00:43:24,180 --> 00:43:22,060

the years for people and little groups

951
00:43:26,670 --> 00:43:24,190
and things like that Mike I've got

952
00:43:30,390 --> 00:43:26,680
students of mind are the better than me

953
00:43:32,520 --> 00:43:30,400
at that I mean I have a student in

954
00:43:35,610 --> 00:43:32,530
Virginia he's an engineer

955
00:43:39,090 --> 00:43:35,620
he gets over 70% success writing with

956
00:43:40,980 --> 00:43:39,100
with that like you put a playing card if

957
00:43:43,740 --> 00:43:40,990
I see out on the window on top of a

958
00:43:46,710 --> 00:43:43,750
wardrobe and you know you go have an OB

959
00:43:49,170 --> 00:43:46,720
and go and read it and it is an engineer

960
00:43:51,060 --> 00:43:49,180
he does he does the data on it his

961
00:43:55,200 --> 00:43:51,070
favorite saying is you know show me the

962
00:43:57,030 --> 00:43:55,210
data and very scientific about it but

963
00:44:00,150 --> 00:43:57,040

it's pointless I mean it is pointless

964

00:44:02,070 --> 00:44:00,160

doing that experiment for particularly

965

00:44:03,990 --> 00:44:02,080

the skeptics I wouldn't even bother I

966

00:44:06,670 --> 00:44:04,000

mean the whole Randi million-dollar

967

00:44:08,920 --> 00:44:06,680

challenge is fake it's a lie

968

00:44:12,730 --> 00:44:08,930

I mean even if you if you fulfill

969

00:44:15,550 --> 00:44:12,740

requirements and you 100% blow that test

970

00:44:17,320 --> 00:44:15,560

away they because of the way the

971

00:44:20,440 --> 00:44:17,330

contracts are written and the copyright

972

00:44:22,330 --> 00:44:20,450

there it rests it comes down to they'll

973

00:44:25,000 --> 00:44:22,340

say I don't know how you did it but I

974

00:44:27,460 --> 00:44:25,010

know you faked it because obviously as a

975

00:44:29,500 --> 00:44:27,470

heart and a skeptic phenomenon is

976
00:44:31,810 --> 00:44:29,510
impossible therefore if you succeeded

977
00:44:33,940 --> 00:44:31,820
this test you are somehow cheating

978
00:44:35,500 --> 00:44:33,950
therefore you fail and that's their

979
00:44:38,350 --> 00:44:35,510
approach that's why I won't talk to them

980
00:44:41,520 --> 00:44:38,360
but I will not talk and I advise people

981
00:44:45,100 --> 00:44:41,530
not to talk to close minded skeptics

982
00:44:47,110 --> 00:44:45,110
talk to open-minded skeptic sure but if

983
00:44:49,270 --> 00:44:47,120
your clothes - skeptic it's a waste of

984
00:44:53,110 --> 00:44:49,280
time I mean - quieter and Rupert

985
00:44:55,390 --> 00:44:53,120
Sheldrake a man I admire he said even

986
00:44:57,600 --> 00:44:55,400
when you present a really thorough piece

987
00:45:01,420 --> 00:44:57,610
of science in a peer-reviewed journal

988
00:45:03,490 --> 00:45:01,430

impeccable work he says a skeptic will

989

00:45:05,980 --> 00:45:03,500

glance at the page they won't read the

990

00:45:08,320 --> 00:45:05,990

data and they will dump all over you

991

00:45:10,540 --> 00:45:08,330

about that they just see the title and

992

00:45:12,310 --> 00:45:10,550

maybe glance at the abstract and then

993

00:45:14,470 --> 00:45:12,320

they'll dump on the insights impossible

994

00:45:16,960 --> 00:45:14,480

because to them it's obviously

995

00:45:19,900 --> 00:45:16,970

impossible it's like saying I can

996

00:45:23,110 --> 00:45:19,910

levitate now I'd levitate in front of

997

00:45:25,350 --> 00:45:23,120

you and and you know the skeptics of the

998

00:45:28,410 --> 00:45:25,360

air and in our under their control and

999

00:45:31,690 --> 00:45:28,420

I'll ever take in front of them and

1000

00:45:33,400 --> 00:45:31,700

successfully they even video it and the

1001
00:45:35,590 --> 00:45:33,410
end result they say I don't know how you

1002
00:45:39,400 --> 00:45:35,600
did it but he must have put some wastage

1003
00:45:42,610 --> 00:45:39,410
any cast out or and had the video rigged

1004
00:45:45,250 --> 00:45:42,620
somehow you know you can't win against

1005
00:45:46,990 --> 00:45:45,260
that sort of thinking well it's funny

1006
00:45:48,940 --> 00:45:47,000
because just today I was having an email

1007
00:45:51,430 --> 00:45:48,950
exchange with a friend of mine who's an

1008
00:45:53,650 --> 00:45:51,440
author and a blogger and he's gotten

1009
00:45:56,680 --> 00:45:53,660
into a public kind of exchange about the

1010
00:45:59,290 --> 00:45:56,690
Randi challenge and and I kind of my

1011
00:46:02,550 --> 00:45:59,300
take on it is you know you can't go

1012
00:46:05,500 --> 00:46:02,560
there because James Randi is a proven

1013
00:46:07,180 --> 00:46:05,510

there's no really polite word for it but

1014

00:46:09,450 --> 00:46:07,190

he's a proven liar I mean he's been

1015

00:46:12,670 --> 00:46:09,460

proven over and over again to

1016

00:46:14,890 --> 00:46:12,680

intentionally misrepresent things he's

1017

00:46:18,130 --> 00:46:14,900

on the record of saying you know we

1018

00:46:19,720 --> 00:46:18,140

cannot let the Mystics he's suppressed

1019

00:46:22,690 --> 00:46:19,730

data and

1020

00:46:25,810 --> 00:46:22,700

said we cannot let the Mystics rejoice

1021

00:46:29,349 --> 00:46:25,820

so he has an agenda that drives him

1022

00:46:33,400 --> 00:46:29,359

towards dishonesty as part of his agenda

1023

00:46:35,770 --> 00:46:33,410

so that is that first prerequisite for

1024

00:46:38,890 --> 00:46:35,780

science so I think the whole discussion

1025

00:46:43,180 --> 00:46:38,900

of the rules of handy challenge or the

1026

00:46:46,720 --> 00:46:43,190

copyright or all that it's moot he's not

1027

00:46:49,000 --> 00:46:46,730

honest and trustworthy so all is always

1028

00:46:51,609 --> 00:46:49,010

lost I can hit he sit here and make any

1029

00:46:53,500 --> 00:46:51,619

claim I want about what I'll do for you

1030

00:46:55,030 --> 00:46:53,510

or how I'll do it if I'm not an honest

1031

00:46:57,430 --> 00:46:55,040

person 80 there really isn't any point

1032

00:46:58,840 --> 00:46:57,440

in proceeding I will say Rupert

1033

00:47:01,000 --> 00:46:58,850

Sheldrake has been on this show a number

1034

00:47:03,940 --> 00:47:01,010

of times I admire him greatly there's

1035

00:47:06,460 --> 00:47:03,950

other well-known parapsychology

1036

00:47:10,300 --> 00:47:06,470

researchers that have been on this show

1037

00:47:12,880 --> 00:47:10,310

I'm not big on experiments I've kind of

1038

00:47:16,050 --> 00:47:12,890

moved past that but I tell you what I

1039

00:47:19,390 --> 00:47:16,060

would be I would welcome the opportunity

1040

00:47:21,540 --> 00:47:19,400

to hook up with some of your students

1041

00:47:24,070 --> 00:47:21,550

and try and do a well-controlled

1042

00:47:26,109 --> 00:47:24,080

experiment like that through a psych

1043

00:47:27,280 --> 00:47:26,119

through a pair of psychology department

1044

00:47:30,400 --> 00:47:27,290

at a university

1045

00:47:32,620 --> 00:47:30,410

I'll help fund it I'll help publicize it

1046

00:47:35,050 --> 00:47:32,630

and it probably won't make a bit of

1047

00:47:36,700 --> 00:47:35,060

difference in the long run but I think

1048

00:47:40,660 --> 00:47:36,710

it needs to be out there because I think

1049

00:47:42,520 --> 00:47:40,670

when open-minded people who are

1050

00:47:45,340 --> 00:47:42,530

predisposed to be skeptical because

1051
00:47:48,130 --> 00:47:45,350
that's how our society turns people out

1052
00:47:50,590 --> 00:47:48,140
to deny all this stuff and to deny their

1053
00:47:52,480 --> 00:47:50,600
own experience deny their family

1054
00:47:54,370 --> 00:47:52,490
experiences yet they're dull no that

1055
00:47:56,380 --> 00:47:54,380
can't be to you that can't be true but

1056
00:47:59,170 --> 00:47:56,390
those people occasionally do wake up and

1057
00:48:00,970 --> 00:47:59,180
they want the data and it is helpful I

1058
00:48:01,570 --> 00:48:00,980
think for them to be able to go and say

1059
00:48:04,450 --> 00:48:01,580
huh

1060
00:48:07,030 --> 00:48:04,460
here is a scientist well credentialed

1061
00:48:09,099 --> 00:48:07,040
that has put together an interesting

1062
00:48:12,609 --> 00:48:09,109
survey and interesting paper and

1063
00:48:15,340 --> 00:48:12,619

published it and if you're willing to

1064

00:48:17,020 --> 00:48:15,350

participate in that by maybe connecting

1065

00:48:19,359 --> 00:48:17,030

me with some of your students I'd love

1066

00:48:21,510 --> 00:48:19,369

to pursue that and again for I went on

1067

00:48:23,950 --> 00:48:21,520

there for a long time not to explain the

1068

00:48:25,359 --> 00:48:23,960

chalkboard experiment is very simple it

1069

00:48:27,720 --> 00:48:25,369

is what you just described it's

1070

00:48:31,120 --> 00:48:27,730

traveling outside of your body

1071

00:48:32,620 --> 00:48:31,130

retrieving a simple bit of information

1072

00:48:36,430 --> 00:48:32,630

that is

1073

00:48:38,020 --> 00:48:36,440

known and hidden but is rather you know

1074

00:48:40,840 --> 00:48:38,030

simple like a playing card or a number

1075

00:48:43,260 --> 00:48:40,850

and then bringing it back in a waking

1076

00:48:46,630 --> 00:48:43,270

state and yeah telling it to someone

1077

00:48:49,300 --> 00:48:46,640

well the only issue with those sort of

1078

00:48:50,920 --> 00:48:49,310

is the wall that can be done is you

1079

00:48:54,790 --> 00:48:50,930

could do that and I have done it like

1080

00:48:57,250 --> 00:48:54,800

hundreds of times and you know you might

1081

00:49:00,340 --> 00:48:57,260

affect one person occasionally because

1082

00:49:02,680 --> 00:49:00,350

to really get it for the penny to drop

1083

00:49:06,190 --> 00:49:02,690

for anybody you have to do it yourself

1084

00:49:08,650 --> 00:49:06,200

and it's very very easy to easy to do to

1085

00:49:11,200 --> 00:49:08,660

get some inner some personal experience

1086

00:49:12,820 --> 00:49:11,210

all you've got to do is you know rim a

1087

00:49:15,940 --> 00:49:12,830

little bit about it you know five

1088

00:49:18,970 --> 00:49:15,950

minutes and sit down and do it and when

1089

00:49:20,650 --> 00:49:18,980

you have your own experience with it all

1090

00:49:23,280 --> 00:49:20,660

of a sudden then all the pennies will

1091

00:49:26,730 --> 00:49:23,290

drop and it's real for you I was advised

1092

00:49:30,780 --> 00:49:26,740

many years ago by a master who

1093

00:49:33,400 --> 00:49:30,790

manifested to me and I was invited

1094

00:49:36,990 --> 00:49:33,410

explain to me how the system works you

1095

00:49:40,750 --> 00:49:37,000

could say how the spiritual evolution

1096

00:49:43,900 --> 00:49:40,760

system works on this planet I mean this

1097

00:49:46,000 --> 00:49:43,910

reality is probably a better word and he

1098

00:49:49,900 --> 00:49:46,010

explained that you you have to dismantle

1099

00:49:52,210 --> 00:49:49,910

your blank system and you gotta you've

1100

00:49:55,360 --> 00:49:52,220

gotta create some lists and and in that

1101
00:49:58,420 --> 00:49:55,370
you have a core belief system which must

1102
00:50:01,000 --> 00:49:58,430
be based on personal experience only

1103
00:50:02,890 --> 00:50:01,010
it's very scientific and you have

1104
00:50:04,360 --> 00:50:02,900
another left to the side which is all

1105
00:50:06,820 --> 00:50:04,370
the things that you used to believe in

1106
00:50:08,620 --> 00:50:06,830
which are probably right you're just

1107
00:50:11,200 --> 00:50:08,630
waiting for data to connect them

1108
00:50:12,760 --> 00:50:11,210
personal experience on me to connect

1109
00:50:15,520 --> 00:50:12,770
them before you can take them in your

1110
00:50:18,850 --> 00:50:15,530
core belief system and you have another

1111
00:50:22,300 --> 00:50:18,860
list which is Possible's and by

1112
00:50:24,490 --> 00:50:22,310
analyzing self observation and looking

1113
00:50:27,700 --> 00:50:24,500

at yourself you purify your belief

1114

00:50:30,280 --> 00:50:27,710

systems and you start a very practical

1115

00:50:33,940 --> 00:50:30,290

approach to spirituality spiritual

1116

00:50:36,640 --> 00:50:33,950

development and this works I mean the

1117

00:50:39,310 --> 00:50:36,650

logic here is impeccable if you proceed

1118

00:50:42,400 --> 00:50:39,320

that way but is it was told me that the

1119

00:50:45,620 --> 00:50:42,410

the system is designed this way you

1120

00:50:47,720 --> 00:50:45,630

cannot learn spirituality or spirit

1121

00:50:50,299 --> 00:50:47,730

development from a book I mean you can't

1122

00:50:53,059 --> 00:50:50,309

sit down and read a room full of books

1123

00:50:54,859 --> 00:50:53,069

and become a spiritual master you cannot

1124

00:50:56,720 --> 00:50:54,869

you can pick up some interesting

1125

00:50:59,779 --> 00:50:56,730

philosophy and some facts and figures

1126

00:51:03,740 --> 00:50:59,789

and that but it won't be real to you to

1127

00:51:04,460 --> 00:51:03,750

be real in any shape you have to do it

1128

00:51:07,069 --> 00:51:04,470

yourself

1129

00:51:10,609 --> 00:51:07,079

sure but Robert I mean as as your own

1130

00:51:13,519 --> 00:51:10,619

educational products attest the process

1131

00:51:15,710 --> 00:51:13,529

that people go through is varied so

1132

00:51:18,140 --> 00:51:15,720

someone will pick up astral dynamics and

1133

00:51:20,089 --> 00:51:18,150

read one page and leave it on their desk

1134

00:51:22,309 --> 00:51:20,099

for or in their bookshelf for three

1135

00:51:23,660 --> 00:51:22,319

years and then pick it up again so hey

1136

00:51:25,430 --> 00:51:23,670

it's good that they picked it up and

1137

00:51:26,599 --> 00:51:25,440

read those first three pages and then it

1138

00:51:29,089 --> 00:51:26,609

sat there and then they read it again

1139

00:51:30,799 --> 00:51:29,099

you know we can't control and I'm

1140

00:51:33,079 --> 00:51:30,809

speaking to the choir here I'm sure you

1141

00:51:35,930 --> 00:51:33,089

know this the process that people go

1142

00:51:39,109 --> 00:51:35,940

through so having material out there and

1143

00:51:42,499 --> 00:51:39,119

having resources in a form that the

1144

00:51:44,539 --> 00:51:42,509

people have comfort from in the way that

1145

00:51:47,660 --> 00:51:44,549

you're talking about in terms of their

1146

00:51:50,269 --> 00:51:47,670

probable belief system well a lot of

1147

00:51:52,400 --> 00:51:50,279

people it's a fair and and and and

1148

00:51:54,410 --> 00:51:52,410

actually intelligent way for people to

1149

00:51:56,539 --> 00:51:54,420

proceed to say you know that Rupert

1150

00:51:58,700 --> 00:51:56,549

Sheldrake we were talking about that guy

1151
00:52:01,670 --> 00:51:58,710
makes sense to me I've read his books

1152
00:52:04,160 --> 00:52:01,680
I trust him I believe him so when Rupert

1153
00:52:08,029 --> 00:52:04,170
Sheldrake puts his stamp of approval on

1154
00:52:11,150 --> 00:52:08,039
an experiment I'm more open to looking

1155
00:52:12,589 --> 00:52:11,160
into it and and maybe investigating it

1156
00:52:14,359 --> 00:52:12,599
than I would have been hey man that's

1157
00:52:15,980 --> 00:52:14,369
just the way it is that's the way we all

1158
00:52:18,650 --> 00:52:15,990
are about about everything about

1159
00:52:20,870 --> 00:52:18,660
listening to the news or getting any

1160
00:52:27,740 --> 00:52:20,880
kind of information so why wouldn't we

1161
00:52:30,799 --> 00:52:27,750
do it it's not as simple as you think I

1162
00:52:33,410 --> 00:52:30,809
mean a man who pushed the envelope on

1163
00:52:36,829 --> 00:52:33,420

that out-of-body experience was Robert

1164

00:52:39,680 --> 00:52:36,839

Monroe and and years ago when he started

1165

00:52:43,670 --> 00:52:39,690

up the monitor institute and worked with

1166

00:52:46,609 --> 00:52:43,680

Tom Campbell a physicist or from my big

1167

00:52:48,620 --> 00:52:46,619

toe and they developed the binder or

1168

00:52:51,380 --> 00:52:48,630

beads the hemi-sync or the state

1169

00:52:53,839 --> 00:52:51,390

induction system and they're now over

1170

00:52:57,980 --> 00:52:53,849

the years they really push the envelope

1171

00:52:59,250 --> 00:52:57,990

on astral projection and they had a

1172

00:53:01,610 --> 00:52:59,260

visit

1173

00:53:06,720 --> 00:53:01,620

from people from the government who

1174

00:53:10,830 --> 00:53:06,730

warned them to back off on astral

1175

00:53:14,430 --> 00:53:10,840

projection particularly in proving it to

1176
00:53:17,300 --> 00:53:14,440
the general population and I have been

1177
00:53:20,010 --> 00:53:17,310
on very good authority personal

1178
00:53:22,110 --> 00:53:20,020
Authority you won't find that in print

1179
00:53:23,610 --> 00:53:22,120
I'm sure that's true but why I'm now I'm

1180
00:53:24,930 --> 00:53:23,620
a little bit now I got to push this a

1181
00:53:28,740 --> 00:53:24,940
little bit further because I'm a little

1182
00:53:31,440 --> 00:53:28,750
bit baffled why why wouldn't we do this

1183
00:53:33,000 --> 00:53:31,450
why but that's that's not enough of a

1184
00:53:33,990 --> 00:53:33,010
reason unless you're afraid of the

1185
00:53:35,400 --> 00:53:34,000
government or I'm afraid of the

1186
00:53:36,300 --> 00:53:35,410
government and I don't think we have two

1187
00:53:38,460 --> 00:53:36,310
different governments you're in

1188
00:53:40,710 --> 00:53:38,470

Australia I'm the United States you know

1189

00:53:42,630 --> 00:53:40,720

I can pick up we can pick a researcher

1190

00:53:47,220 --> 00:53:42,640

in Canada there we go we'll triangulate

1191

00:53:49,110 --> 00:53:47,230

it why not do this well I think anybody

1192

00:53:51,870 --> 00:53:49,120

who is not afraid of their government in

1193

00:53:54,960 --> 00:53:51,880

the West of the world needs to do a lot

1194

00:53:57,300 --> 00:53:54,970

of alternative reading seekers I think

1195

00:53:59,850 --> 00:53:57,310

this there's cause for concern there at

1196

00:54:01,920 --> 00:53:59,860

the very least in this day night but

1197

00:54:05,400 --> 00:54:01,930

there was also the public thing I mean

1198

00:54:08,460 --> 00:54:05,410

the vast majority of the population here

1199

00:54:11,360 --> 00:54:08,470

is like you know probably 99% of the

1200

00:54:13,680 --> 00:54:11,370

population is so programmed to

1201
00:54:16,140 --> 00:54:13,690
disbelieve in things like that I mean

1202
00:54:19,110 --> 00:54:16,150
it's okay for people to believe in Santa

1203
00:54:22,920 --> 00:54:19,120
Claus and the Easter Bunny and the Tooth

1204
00:54:24,030 --> 00:54:22,930
Fairy and of other things thinking they

1205
00:54:26,760 --> 00:54:24,040
can believe in

1206
00:54:29,790 --> 00:54:26,770
but anything any kind of real phenomena

1207
00:54:32,640 --> 00:54:29,800
really tends to shake people's world up

1208
00:54:35,970 --> 00:54:32,650
and if you try to demonstrate that I

1209
00:54:37,590 --> 00:54:35,980
mean I think you unlock something inside

1210
00:54:40,560 --> 00:54:37,600
of people that makes them feel right

1211
00:54:43,380 --> 00:54:40,570
it's very disturbing for people if you

1212
00:54:46,710 --> 00:54:43,390
prove that there is actually some not

1213
00:54:48,420 --> 00:54:46,720

spiritual phenomena because linking back

1214

00:54:50,490 --> 00:54:48,430

to what we first started talking about

1215

00:54:53,130 --> 00:54:50,500

here if you can prove that their

1216

00:54:55,440 --> 00:54:53,140

phenomena does exist it's only a very

1217

00:54:59,280 --> 00:54:55,450

very short jump and you're opening the

1218

00:55:02,940 --> 00:54:59,290

door to allow the possibility that there

1219

00:55:05,430 --> 00:55:02,950

are spirits and demons and all kinds of

1220

00:55:07,710 --> 00:55:05,440

other things out there and the

1221

00:55:11,280 --> 00:55:07,720

population is in a by and large in that

1222

00:55:12,140 --> 00:55:11,290

sense very fear driven so they generally

1223

00:55:15,079 --> 00:55:12,150

prefer

1224

00:55:17,359 --> 00:55:15,089

not to believe in that sort of thing and

1225

00:55:21,730 --> 00:55:17,369

kind of shy away from it and that's

1226

00:55:24,380 --> 00:55:21,740

natural but and making progress to

1227

00:55:27,079 --> 00:55:24,390

convince people that they are more than

1228

00:55:30,319 --> 00:55:27,089

their physical bodies much much more is

1229

00:55:35,269 --> 00:55:30,329

a slow process of waking people up one

1230

00:55:37,940 --> 00:55:35,279

auditory yeah I'm I'm really you've

1231

00:55:39,740 --> 00:55:37,950

really piqued my curiosity here though

1232

00:55:40,849 --> 00:55:39,750

that still doesn't I mean that's what

1233

00:55:42,950 --> 00:55:40,859

you're all about I mean go to

1234

00:55:45,829 --> 00:55:42,960

astrodynamics com visit your website

1235

00:55:48,019 --> 00:55:45,839

you're all about teaching people to

1236

00:55:51,289 --> 00:55:48,029

overcome that and it seems like a a

1237

00:55:53,299 --> 00:55:51,299

small step to say you're going to

1238

00:55:54,440 --> 00:55:53,309

publicly participate in those kind of

1239

00:55:58,220 --> 00:55:54,450

experiments you know the other

1240

00:55:59,630 --> 00:55:58,230

out-of-body experience practitioner

1241

00:56:03,019 --> 00:55:59,640

we've had on the show is a guy named

1242

00:56:05,660 --> 00:56:03,029

Graham Nichols in the UK who is a friend

1243

00:56:08,059 --> 00:56:05,670

of Rupert Sheldrake's and they've tried

1244

00:56:10,730 --> 00:56:08,069

to put together several out-of-body

1245

00:56:12,680 --> 00:56:10,740

experience experiments like this and

1246

00:56:15,849 --> 00:56:12,690

they're difficult to do I understand

1247

00:56:20,480 --> 00:56:15,859

that but I don't see any real reason to

1248

00:56:23,299 --> 00:56:20,490

not to pursue that and I think I think

1249

00:56:24,980 --> 00:56:23,309

the biggest worry would be that any

1250

00:56:26,720 --> 00:56:24,990

results you get are going to be ignored

1251
00:56:27,680 --> 00:56:26,730
either way whether they're positive or

1252
00:56:30,349 --> 00:56:27,690
negative I don't think it's going to

1253
00:56:31,760 --> 00:56:30,359
change the world but hey you don't want

1254
00:56:35,299 --> 00:56:31,770
to do it you don't want to do it maybe

1255
00:56:37,400 --> 00:56:35,309
you have your reasons Robert tell us

1256
00:56:38,809 --> 00:56:37,410
anything else we might have left down

1257
00:56:43,430 --> 00:56:38,819
and tell us what people are going to

1258
00:56:47,260 --> 00:56:43,440
find at astral dynamics comm well I am

1259
00:56:49,400 --> 00:56:47,270
open to that I did try and do a

1260
00:56:53,599 --> 00:56:49,410
scientific experiment with astral

1261
00:56:55,760 --> 00:56:53,609
projection several years ago and I work

1262
00:56:58,690 --> 00:56:55,770
with a scientist associated with the

1263
00:57:01,819 --> 00:56:58,700

University of Virginia very nice man and

1264

00:57:04,640 --> 00:57:01,829

unfortunately the equipment that he used

1265

00:57:07,670 --> 00:57:04,650

the headpiece of the beadwork me up with

1266

00:57:10,370 --> 00:57:07,680

this whole head like a helmet thing was

1267

00:57:13,640 --> 00:57:10,380

very uncomfortable and at the time I

1268

00:57:16,519 --> 00:57:13,650

also I had some quite severe I mean

1269

00:57:18,440 --> 00:57:16,529

life-threatening neck injuries and the

1270

00:57:20,809 --> 00:57:18,450

combination was it was just too

1271

00:57:24,260 --> 00:57:20,819

difficult to get through that I think I

1272

00:57:24,990 --> 00:57:24,270

had one Oh be short Oh being in a period

1273

00:57:27,930 --> 00:57:25,000

of a few days

1274

00:57:30,930 --> 00:57:27,940

we worked on this so I am open to doing

1275

00:57:33,960 --> 00:57:30,940

that but it's since then I haven't had

1276

00:57:35,820 --> 00:57:33,970

the opportunity but you know I'm more on

1277

00:57:37,020 --> 00:57:35,830

the philosophical side I don't think it

1278

00:57:39,210 --> 00:57:37,030

would really make a great deal of

1279

00:57:41,520 --> 00:57:39,220

difference in the world beyond being

1280

00:57:43,830 --> 00:57:41,530

something interesting I mean Robert

1281

00:57:46,650 --> 00:57:43,840

Monroe did some experiments there have

1282

00:57:48,390 --> 00:57:46,660

been people that have done this but of

1283

00:57:51,060 --> 00:57:48,400

course this sort of experiment needs to

1284

00:57:54,380 --> 00:57:51,070

be done over and over and over again to

1285

00:57:58,260 --> 00:57:54,390

really have any kind of an impact on it

1286

00:58:02,220 --> 00:57:58,270

but yeah I have two websites after all

1287

00:58:04,620 --> 00:58:02,230

dynamics comm which is my professional

1288

00:58:07,080 --> 00:58:04,630

web site I have a community site with a

1289

00:58:11,609 --> 00:58:07,090

big forum and lots of free information

1290

00:58:16,470 --> 00:58:11,619

and that's astrodynamics org and that's

1291

00:58:19,170 --> 00:58:16,480

my frent community site well great best

1292

00:58:20,730 --> 00:58:19,180

of luck with all your work and thanks so

1293

00:58:23,970 --> 00:58:20,740

much for joining me it's been a great

1294

00:58:26,220 --> 00:58:23,980

conversation yeah thanks for having me

1295

00:58:30,000 --> 00:58:26,230

Alex well do it again one day I'll look

1296

00:58:31,800 --> 00:58:30,010

forward to it that'd be great thanks

1297

00:58:34,500 --> 00:58:31,810

again to Robert Bruce for joining me

1298

00:58:36,540 --> 00:58:34,510

today on skeptic oh I have a couple of

1299

00:58:39,030 --> 00:58:36,550

questions that I'd like to tee up from

1300

00:58:42,089 --> 00:58:39,040

this interview I really enjoyed talking

1301
00:58:43,680 --> 00:58:42,099
to Robert Bruce it took a while to line

1302
00:58:45,690 --> 00:58:43,690
up this interview but I'm really glad

1303
00:58:48,210 --> 00:58:45,700
that I waited it out and did it so

1304
00:58:52,560 --> 00:58:48,220
here's the first question that I tee up

1305
00:58:55,050 --> 00:58:52,570
for us and that is do we live in a demon

1306
00:58:57,870 --> 00:58:55,060
haunted world I mean here's a guy who

1307
00:59:00,240 --> 00:58:57,880
says he's traveled outside of his body

1308
00:59:03,540 --> 00:59:00,250
and experienced all sorts of things

1309
00:59:06,210 --> 00:59:03,550
demons angels all different things so I

1310
00:59:09,000 --> 00:59:06,220
try to ask this question to Chris Carter

1311
00:59:12,089 --> 00:59:09,010
in the previous episode but I really

1312
00:59:15,060 --> 00:59:12,099
didn't get much of an answer I think

1313
00:59:17,280 --> 00:59:15,070

this is really a key question I think

1314

00:59:20,550 --> 00:59:17,290

this is certainly at the heart of what

1315

00:59:22,800 --> 00:59:20,560

we call our culture war debate between

1316

00:59:24,359 --> 00:59:22,810

science and religion and that is this

1317

00:59:26,520 --> 00:59:24,369

question of you know do we have

1318

00:59:28,260 --> 00:59:26,530

something to be afraid of when we close

1319

00:59:30,329 --> 00:59:28,270

our eyes and lay our head down at night

1320

00:59:32,730 --> 00:59:30,339

are there demons or maybe on the

1321

00:59:35,130 --> 00:59:32,740

positive side angels that are out there

1322

00:59:37,260 --> 00:59:35,140

and have an influence on our life and

1323

00:59:38,440 --> 00:59:37,270

when Carl Sagan wrote that book that

1324

00:59:40,839 --> 00:59:38,450

demon haunted

1325

00:59:42,819 --> 00:59:40,849

world and talked about science being a

1326

00:59:44,920 --> 00:59:42,829

candle in the dark I think that's

1327

00:59:46,870 --> 00:59:44,930

obviously what he was getting at but of

1328

00:59:49,150 --> 00:59:46,880

course he never really asked the

1329

00:59:52,210 --> 00:59:49,160

question that I think at this point we

1330

00:59:56,200 --> 00:59:52,220

do need to revisit and ask and that is

1331

00:59:59,740 --> 00:59:56,210

is there a underlying reality to that

1332

01:00:02,740 --> 00:59:59,750

demon haunted world idea and that's the

1333

01:00:04,720 --> 01:00:02,750

question I'd ask here and the second

1334

01:00:07,180 --> 01:00:04,730

question and I'm sure this sparked your

1335

01:00:10,329 --> 01:00:07,190

interest you know it sparked mine and

1336

01:00:14,430 --> 01:00:10,339

that is should Robert Bruce be more

1337

01:00:16,930 --> 01:00:14,440

interested in proving his claims through

1338

01:00:18,970 --> 01:00:16,940

experimentation now I have to tell you

1339

01:00:21,490 --> 01:00:18,980

had one impression when I first hung up

1340

01:00:25,000 --> 01:00:21,500

with Robert Bruce and I thought wow why

1341

01:00:26,200 --> 01:00:25,010

is this guy so reluctant to do this and

1342

01:00:28,329 --> 01:00:26,210

I was really kind of suspicious

1343

01:00:29,470 --> 01:00:28,339

skeptical if you would and then when I

1344

01:00:30,970 --> 01:00:29,480

relist

1345

01:00:33,880 --> 01:00:30,980

to the interview during the editing

1346

01:00:37,359 --> 01:00:33,890

process I kind of came away with another

1347

01:00:41,620 --> 01:00:37,369

impression and I was struck by how much

1348

01:00:45,160 --> 01:00:41,630

influence James Randi has had on this

1349

01:00:47,319 --> 01:00:45,170

whole area of science or if you don't

1350

01:00:49,930 --> 01:00:47,329

want to go so far and to call it science

1351

01:00:52,630 --> 01:00:49,940

at least let's call it human experience

1352

01:00:54,460 --> 01:00:52,640

and what immediately came to mind is a

1353

01:00:55,780 --> 01:00:54,470

recent quote from Sam Harris that

1354

01:00:58,809 --> 01:00:55,790

someone brought to my attention where

1355

01:01:00,280 --> 01:00:58,819

Sam Harris was saying that you know that

1356

01:01:02,410 --> 01:01:00,290

Rupert Sheldrake he's a pretty good guy

1357

01:01:04,210 --> 01:01:02,420

but I'm a little bit suspicious of

1358

01:01:06,880 --> 01:01:04,220

Sheldrick because he doesn't want to

1359

01:01:10,720 --> 01:01:06,890

submit himself to the Randi challenge

1360

01:01:12,400 --> 01:01:10,730

and I thought wow here's a guy who you

1361

01:01:14,710 --> 01:01:12,410

know you know from previous episodes I

1362

01:01:16,300 --> 01:01:14,720

don't think Sam Harris is really kind of

1363

01:01:18,970 --> 01:01:16,310

on top of his game in terms of

1364

01:01:21,220 --> 01:01:18,980

understanding psy and understanding

1365

01:01:23,829 --> 01:01:21,230

extended consciousness but nonetheless

1366

01:01:26,859 --> 01:01:23,839

he's a pretty noteworthy intellectual

1367

01:01:29,589 --> 01:01:26,869

and for him to be totally bamboozled by

1368

01:01:31,839 --> 01:01:29,599

this same kind of Randi mystique I

1369

01:01:35,190 --> 01:01:31,849

thought was really interesting I mean I

1370

01:01:37,569 --> 01:01:35,200

mentioned in the podcast that Randy is

1371

01:01:40,000 --> 01:01:37,579

dishonest you know but I didn't really

1372

01:01:41,740 --> 01:01:40,010

break that down but I'll do that a

1373

01:01:43,900 --> 01:01:41,750

little bit here and of course if you've

1374

01:01:45,099 --> 01:01:43,910

listened to this show you may know where

1375

01:01:47,890 --> 01:01:45,109

I'm going with this

1376

01:01:52,329 --> 01:01:47,900

but it's been proven over and over again

1377

01:01:54,849 --> 01:01:52,339

that James Randi is not afraid to really

1378

01:01:57,160 --> 01:01:54,859

go out there and stretch the truth in

1379

01:01:59,769 --> 01:01:57,170

order to make his case in it stems from

1380

01:02:03,069 --> 01:01:59,779

the fact that I mean he's a professional

1381

01:02:05,950 --> 01:02:03,079

deceiver he's a magician that's okay I

1382

01:02:08,769 --> 01:02:05,960

get that we all when we go to a show we

1383

01:02:11,259 --> 01:02:08,779

submit to okay deceive me a little bit

1384

01:02:14,039 --> 01:02:11,269

here I want that but for smart folks

1385

01:02:16,779 --> 01:02:14,049

like Sam Harris or many other

1386

01:02:19,359 --> 01:02:16,789

intellectuals and scientists to think

1387

01:02:23,019 --> 01:02:19,369

that this kind of professional deception

1388

01:02:25,150 --> 01:02:23,029

has a place in science I gotta tell you

1389

01:02:27,819 --> 01:02:25,160

it just doesn't I mean proper controls

1390

01:02:30,959 --> 01:02:27,829

yes sure absolutely but this kind of

1391

01:02:34,569 --> 01:02:30,969

Hall of Mirrors ends justify the means

1392

01:02:36,069 --> 01:02:34,579

deception absolutely not and I'll give

1393

01:02:38,049 --> 01:02:36,079

you just a small example of this that

1394

01:02:40,509 --> 01:02:38,059

we've talked about in previous shows but

1395

01:02:42,459 --> 01:02:40,519

if you go back and you can easily follow

1396

01:02:44,620 --> 01:02:42,469

up on this and prove it to yourself and

1397

01:02:46,930 --> 01:02:44,630

do the research for yourself but way

1398

01:02:49,180 --> 01:02:46,940

back 20 30 years ago when Russell Targ

1399

01:02:50,559 --> 01:02:49,190

and he'll put off we're at Stanford

1400

01:02:53,170 --> 01:02:50,569

Research Institute and they were first

1401
01:02:55,420 --> 01:02:53,180
interested in parapsychology and they

1402
01:02:57,700 --> 01:02:55,430
had heree Geller come in and they did

1403
01:02:59,559 --> 01:02:57,710
these experiments with Uri Geller who

1404
01:03:02,259 --> 01:02:59,569
you may have all these kind of negative

1405
01:03:05,499 --> 01:03:02,269
ideas of but go back and watch the

1406
01:03:08,680 --> 01:03:05,509
original videotaping that they did of

1407
01:03:11,469 --> 01:03:08,690
early Geller and the testing that they

1408
01:03:13,900 --> 01:03:11,479
did and it's remarkable there's no fraud

1409
01:03:16,390 --> 01:03:13,910
involved and they did something really

1410
01:03:18,700 --> 01:03:16,400
simple like put dice in this metal box

1411
01:03:21,219 --> 01:03:18,710
you know the kind you keep index cards

1412
01:03:22,719 --> 01:03:21,229
in of the old index cards and they shake

1413
01:03:24,910 --> 01:03:22,729

it and they'd say okay what is the dice

1414

01:03:26,979 --> 01:03:24,920

a and re Geller would guess it right

1415

01:03:29,289 --> 01:03:26,989

time after time like ten in a row we did

1416

01:03:30,999 --> 01:03:29,299

and this is a really simple experiment

1417

01:03:33,309 --> 01:03:31,009

you don't need a lot of extra controls

1418

01:03:35,259 --> 01:03:33,319

they own the index box they own the dice

1419

01:03:36,459 --> 01:03:35,269

he never touched him he never saw him

1420

01:03:37,930 --> 01:03:36,469

you know you shake it can you guess

1421

01:03:40,509 --> 01:03:37,940

what's inside of it really you don't

1422

01:03:43,420 --> 01:03:40,519

need a lot extra controls so when James

1423

01:03:46,180 --> 01:03:43,430

Randi went to debunk this what he did

1424

01:03:48,789 --> 01:03:46,190

was he just invented this story in

1425

01:03:51,670 --> 01:03:48,799

saying that the videographer a guy named

1426

01:03:53,859 --> 01:03:51,680

Pressman had admitted that they staged

1427

01:03:56,049 --> 01:03:53,869

the whole thing and that Pressman said

1428

01:03:58,089 --> 01:03:56,059

that it wasn't real and they faked it

1429

01:04:00,430 --> 01:03:58,099

and I had videotaped it and I saw it and

1430

01:04:03,489 --> 01:04:00,440

James Randi published this in his book

1431

01:04:06,050 --> 01:04:03,499

it was a complete lie a complete

1432

01:04:08,180 --> 01:04:06,060

fabrication Pressman

1433

01:04:10,040 --> 01:04:08,190

really upset he said no that's not true

1434

01:04:12,080 --> 01:04:10,050

I was there i videotaped the whole thing

1435

01:04:14,030 --> 01:04:12,090

I never made up this story about it and

1436

01:04:15,980 --> 01:04:14,040

being untrue or being fake

1437

01:04:17,990 --> 01:04:15,990

he said I'll say this in court I'll do

1438

01:04:21,560 --> 01:04:18,000

an affidavit whatever you want it's not

1439

01:04:24,800 --> 01:04:21,570

true but did James Randi have his

1440

01:04:28,970 --> 01:04:24,810

desired effect did he somehow taint that

1441

01:04:31,940 --> 01:04:28,980

work he did he certainly did he created

1442

01:04:34,190 --> 01:04:31,950

this kind of Hall of Mirrors deception

1443

01:04:36,710 --> 01:04:34,200

who can you really trust kind of thing

1444

01:04:40,040 --> 01:04:36,720

and he somehow advanced this idea that

1445

01:04:42,680 --> 01:04:40,050

only he the deceiver could really find

1446

01:04:45,880 --> 01:04:42,690

out other deceivers this is really kind

1447

01:04:48,170 --> 01:04:45,890

of a mixed up psychology but it's

1448

01:04:50,690 --> 01:04:48,180

unbelievable to the extent that it's

1449

01:04:53,120 --> 01:04:50,700

worked and I think in this case with

1450

01:04:55,910 --> 01:04:53,130

Robert Bruce who is on the show here you

1451

01:04:58,640 --> 01:04:55,920

can see the fruits of this in terms of

1452

01:05:01,160 --> 01:04:58,650

science Robert Bruce whether you go into

1453

01:05:04,580 --> 01:05:01,170

it thinking that Robert Bruce is for

1454

01:05:07,430 --> 01:05:04,590

real or not don't you want to know if

1455

01:05:09,740 --> 01:05:07,440

his claims are true don't you want to

1456

01:05:12,470 --> 01:05:09,750

know if he really can travel outside of

1457

01:05:15,110 --> 01:05:12,480

his body and see and experience things

1458

01:05:17,120 --> 01:05:15,120

in another dimension I mean of course

1459

01:05:19,910 --> 01:05:17,130

you that's a rhetorical question of

1460

01:05:22,670 --> 01:05:19,920

course we do that's a fundamental

1461

01:05:24,800 --> 01:05:22,680

question as to the nature of who we are

1462

01:05:26,660 --> 01:05:24,810

so we have a strong vested interest in

1463

01:05:28,790 --> 01:05:26,670

knowing whether or not that's true and

1464

01:05:33,110 --> 01:05:28,800

therefore don't we want the best

1465

01:05:34,850 --> 01:05:33,120

possible experiment to prove that or to

1466

01:05:37,640 --> 01:05:34,860

disprove it or just to learn as much

1467

01:05:40,190 --> 01:05:37,650

about it as we can again of course you

1468

01:05:42,830 --> 01:05:40,200

do and so therefore we want an

1469

01:05:45,700 --> 01:05:42,840

environment and that includes the

1470

01:05:48,050 --> 01:05:45,710

scientific culture and the welcoming of

1471

01:05:50,780 --> 01:05:48,060

researchers and the welcoming of their

1472

01:05:52,100 --> 01:05:50,790

results in order to foster an

1473

01:05:54,590 --> 01:05:52,110

environment where people feel

1474

01:05:56,840 --> 01:05:54,600

comfortable pursuing these questions in

1475

01:05:58,520 --> 01:05:56,850

any way they can and publishing the

1476

01:06:00,440 --> 01:05:58,530

results and being public about their

1477

01:06:02,900 --> 01:06:00,450

results in what we have is a situation

1478

01:06:05,150 --> 01:06:02,910

that's just the opposite of that we have

1479

01:06:08,030 --> 01:06:05,160

a situation where it's a very very

1480

01:06:10,430 --> 01:06:08,040

unfriendly environment one to do this

1481

01:06:13,070 --> 01:06:10,440

research you will be ostracized or you

1482

01:06:14,990 --> 01:06:13,080

will lose your job or both and then to

1483

01:06:17,570 --> 01:06:15,000

publish your research or to say that you

1484

01:06:19,460 --> 01:06:17,580

found this is equally or maybe even more

1485

01:06:19,910 --> 01:06:19,470

dangerous than the first although if you

1486

01:06:21,020 --> 01:06:19,920

can't get

1487

01:06:23,329 --> 01:06:21,030

the first you can't really get to the

1488

01:06:26,059 --> 01:06:23,339

second anyway and I think to a large

1489

01:06:29,720 --> 01:06:26,069

extent we can trace a lot of this back

1490

01:06:32,000 --> 01:06:29,730

to one guy and I guess he wears that as

1491

01:06:33,710 --> 01:06:32,010

a badge of honor that he's created this

1492

01:06:36,289 --> 01:06:33,720

kind of environment but he's been

1493

01:06:39,470 --> 01:06:36,299

incredibly effective at it and it's had

1494

01:06:42,650 --> 01:06:39,480

a very chilling effect so back to that

1495

01:06:44,500 --> 01:06:42,660

question then I guess I came away with a

1496

01:06:47,960 --> 01:06:44,510

greater appreciation for the real

1497

01:06:51,500 --> 01:06:47,970

pitfalls for someone like Robert Bruce

1498

01:06:53,210 --> 01:06:51,510

to say yeah I'll put myself totally out

1499

01:06:55,640 --> 01:06:53,220

there I'll put my reputation on the line

1500

01:06:57,500 --> 01:06:55,650

and go through some experimentation

1501
01:06:59,210 --> 01:06:57,510
process and I think there's also the

1502
01:07:01,370 --> 01:06:59,220
other parts that he mentioned about that

1503
01:07:03,859 --> 01:07:01,380
that are problematic in particular

1504
01:07:06,349 --> 01:07:03,869
what's there really to be gained how

1505
01:07:08,329 --> 01:07:06,359
will one experiment change anything or

1506
01:07:10,640 --> 01:07:08,339
prove anything and then there's the

1507
01:07:12,380 --> 01:07:10,650
relationship between the experimenter I

1508
01:07:14,690 --> 01:07:12,390
mean what someone like Robert Bruce is

1509
01:07:17,240 --> 01:07:14,700
supposed to do thoroughly vet the

1510
01:07:18,650 --> 01:07:17,250
researcher find out how they're gonna do

1511
01:07:19,849 --> 01:07:18,660
the experiment how it's going to be

1512
01:07:21,789 --> 01:07:19,859
published whether they're going to be

1513
01:07:25,549 --> 01:07:21,799

treated fairly and all the rest of that

1514

01:07:28,520 --> 01:07:25,559

it's really more complicated than it

1515

01:07:31,579 --> 01:07:28,530

might seem that doesn't mean that I

1516

01:07:34,190 --> 01:07:31,589

don't think that he should go that extra

1517

01:07:37,400 --> 01:07:34,200

mile to establish some scientific

1518

01:07:39,349 --> 01:07:37,410

validity to what he does to explore to

1519

01:07:41,569 --> 01:07:39,359

whatever extent he can because I think

1520

01:07:44,270 --> 01:07:41,579

that's definitely has to happen I think

1521

01:07:47,720 --> 01:07:44,280

that advances this conversation I think

1522

01:07:49,700 --> 01:07:47,730

that has the potential of changing the

1523

01:07:51,440 --> 01:07:49,710

culture even if it's just a tiny bit

1524

01:07:54,170 --> 01:07:51,450

even if that isn't going to create some

1525

01:07:57,049 --> 01:07:54,180

big paradigm shift we have to continue

1526

01:08:00,049 --> 01:07:57,059

to push that Boulder up the mountain I

1527

01:08:03,020 --> 01:08:00,059

think and and scientific experiments I

1528

01:08:05,569 --> 01:08:03,030

think can do that but I've gone on and

1529

01:08:08,079 --> 01:08:05,579

on the question is the same should

1530

01:08:11,960 --> 01:08:08,089

Robert Bruce be more open to

1531

01:08:14,180 --> 01:08:11,970

experimentation so two questions to toss

1532

01:08:18,820 --> 01:08:14,190

around of course the place to do that is

1533

01:08:21,439 --> 01:08:18,830

at the skeptic Oh website at ske pti

1534

01:08:23,300 --> 01:08:21,449

koat.com you can link on over to our

1535

01:08:25,729 --> 01:08:23,310

forums and talk about it where we get

1536

01:08:27,769 --> 01:08:25,739

quite a dialogue going usually or leave

1537

01:08:29,360 --> 01:08:27,779

a comment right there on the website of

1538

01:08:32,780 --> 01:08:29,370

course while you're there you can also

1539

01:08:33,740 --> 01:08:32,790

listen to over 200 previous episodes of

1540

01:08:34,789 --> 01:08:33,750

skeptical

1541

01:08:36,980 --> 01:08:34,799

and check out some of the other

1542

01:08:39,079 --> 01:08:36,990

information we have their email Facebook

1543

01:08:41,360 --> 01:08:39,089

linked to me I may even put up a link to

1544

01:08:43,670 --> 01:08:41,370

some upcoming shows so you know what's

1545

01:08:45,950 --> 01:08:43,680

coming around the bend well this has

1546

01:08:47,599 --> 01:08:45,960

been another long episode but there is

1547

01:08:49,700 --> 01:08:47,609

so much stuff to talk about in

1548

01:08:51,200 --> 01:08:49,710

especially if you go listen to Andy

1549

01:08:52,640 --> 01:08:51,210

Paquette and Graham Nichols which I

1550

01:08:54,829 --> 01:08:52,650

really encourage you to do then you have

1551

01:08:57,050 --> 01:08:54,839

a lot of listening to do so we'll give

1552

01:08:58,999 --> 01:08:57,060

you a couple extra days to catch up on

1553

01:09:00,829 --> 01:08:59,009

that before your next episode of skeptic

1554

01:09:02,690 --> 01:09:00,839

oh but I do hope you come back for that